



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

NAAC ACCREDITED 'B++' GRADE

STUDENT NURSES ASSOCIATION ACTIVITY REPORT 2024-2025



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

BREASTFEEDING WEEK

01/07/2024-07/07/24

STUDENT NURSE'S ASSOCIATION

Invites you for

CAPTION COMPETITION





HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -83

Name of the Program: Breast Feeding Week

SR. NO.	PROGRAM SUMMARY	DETAILS
1	Activity	Role play, Caption Making Competition.
2	Organized by	Student Nurses Association
3	Venue/Date	Gynaec Ward- Holy Spirit Hospital, HSINE, 03/08/24 to 07/08/24
4	Nature of participant	Students of HSINE
5	Number of participants	75 Students
6	Student coordinator	Ms. Ann Roy
7	Faculty coordinator	Ms. Riya Kaur Gill, Ms. Pooja Suthar

Brief Summary of the Activity/Event

1. OBJECTIVES-

- Promote Holistic Development
- Encourage Participation
- Foster Innovation
- Promote Awareness and Social Responsibility
- Support Mental and Physical Well-being

2. DESCRIPTION-

Holy Spirit Institute of Nursing Education Participates in Breast feeding week Celebration: The students at Holy Spirit Institute of Nursing Education had an impactful and engaging experience during Breastfeeding Week. They not only participated enthusiastically but also played a crucial role in spreading awareness among nursing students and antenatal as well as postnatal mothers. The theme, "Closing the Gap: Breastfeeding Support for All," highlights the importance of providing comprehensive support to ensure successful breastfeeding for everyone, addressing any disparities or challenges that may exist.

ACTIVITIES CONDUCTED

Role Play on Importance of Breastfeeding: The students enthusiastically engaged in the hospital role play, effectively highlighting the numerous advantages of breastfeeding. .

Caption Competition: By encouraging participants to create their own captions, we not only raised awareness but also empowered them to be advocates for the importance of breastfeeding and the support that mothers need.

Through these activities, HSINE aimed to spread the awareness among Mothers, Relatives and student to bring positive outcomes and also healthier nation.

3. OUTCOMES

- Students actively and enthusiastically participated.
- Encouraged the development of innovative ideas.
- Promoted holistic growth and heightened awareness of social responsibility regarding breastfeeding.

ACTIVITY / EVENT PHOTOGRAPHS

BULLETIN BOARD



CAPTION MAKING COMPETITION



ROLE PLAY



Riya

Ms. Riya Kaur Gill
Faculty Co-ordinator

Jenevia

Ms. Jenevia Pasanna
SNA Advisor

Dr. Sr. Lalitha Rosali

Dr. Sr. Lalitha Rosali
Principal

PRINCIPAL
Holy Spirit Institute of Nursing Education,
Holy Spirit Hospital,
Mahakali Caves Road, Andheri (East),
Mumbai - 400 093.



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93



HAPPY INDEPENDENCE DAY

Join us in celebrating 78th Independence Day

Flag Hoisting on 15 August 2024, 7:15am

Holy Spirit Hospital, Gate no. 1

PARTICIPATE AND WIN EXCITING PRIZES!



REEL MAKING
COMPETITION

E-QUIZ!
COMPETITION



DR.SR. LALITHA ROSALI, PRINCIPAL



STUDENT COUNCIL, HSINE



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

Name of the Program: INDEPENDENCE DAY

SR. NO.	PROGRAM SUMMARY	DETAILS
1	Activity	<ul style="list-style-type: none">• Flag hoisting,• Reel making competition,• Patriotic Quiz
2	Organized by	HSINE Student Council
3	Venue/Date	College Campus/ 15.08.24
4	Nature of participant	Staff & Students of HSINE
5	Number of participants	200+ participants
6	Student coordinator	Ms. Ann Roy, 4 th Yr. B.Sc. (N)
7	Faculty coordinator	Ms. Jenevia Pasanna, Ms. Anu Abraham

Brief Summary of the Activity/Event

1. OBJECTIVES-

- Promote Patriotic Development
- Encourage Participation
- Foster creativity
- Promote Awareness and Social Responsibility
- Educate about history and its freedom fighters

2. DESCRIPTION-

Holy Spirit Institute of Nursing Education Participates in Independence Day celebration

The Holy Spirit Institute of Nursing Education staff and students eagerly took part in the student council-organized Independence Day celebration. This celebration aimed to educate participants about the struggle for Indian independence, the costs incurred by those who fought for it, and the importance of upholding democratic principles. To accomplish the goal, a series of activities were created.

ACTIVITIES CONDUCTED

1. Flag hoisting ceremony: Participants took part in the ceremony saluting the freedom fighters and pledging for a better India

2. Reel Making Competition: Reels on the theme of "Viksit Bharat" were produced to ascertain participants' perceptions of the topic and expectations from the country.

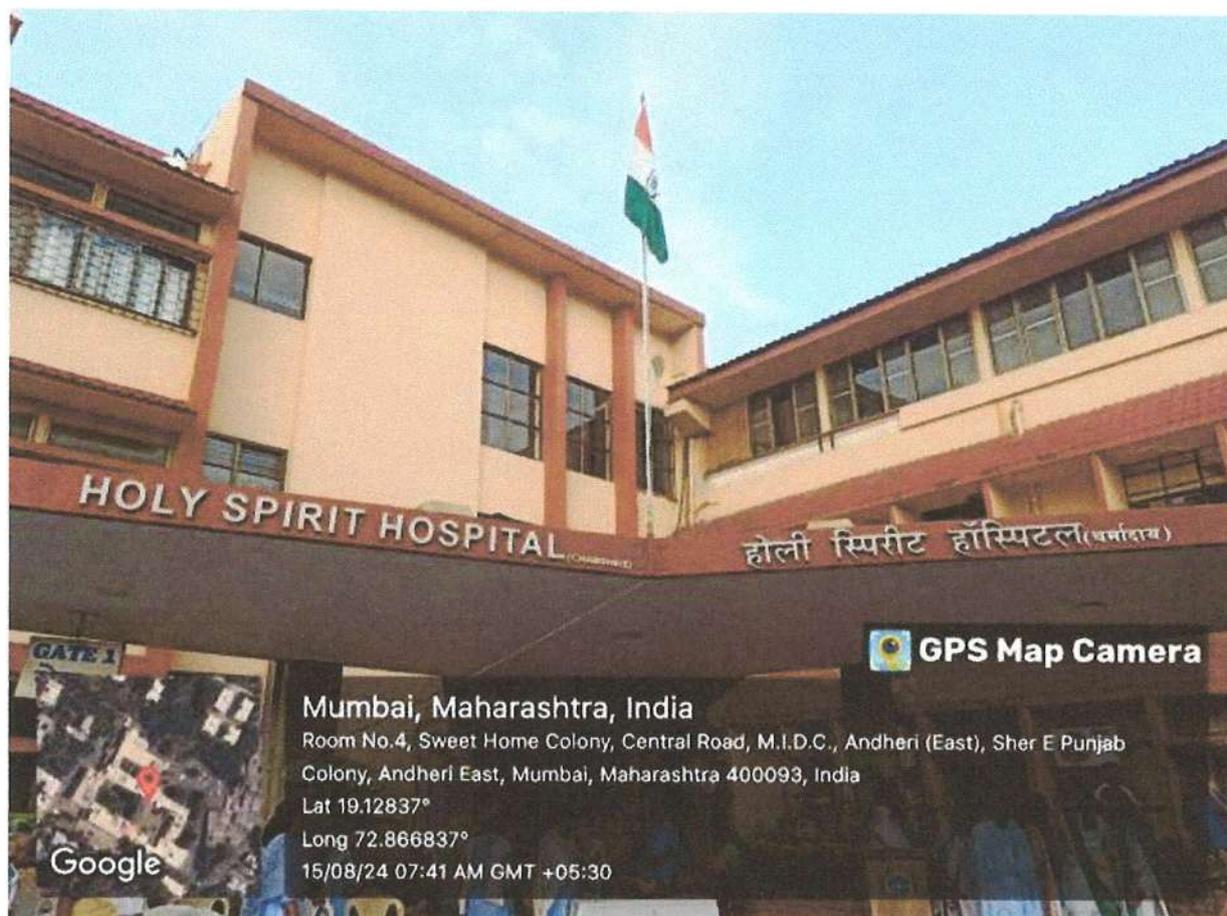
3. Patriotic Quiz: To gauge the participants' knowledge and comprehension of their nation, a quiz was set up.

The HSINE sought to educate future generations about our nation's history and inspire them to commit to a better India through these events. The staff and students demonstrated their dedication to learning, educating, and participating in the theme of 'Viksit Bharat', making the event a complete success.

3. OUTCOMES

- Active and immense participation was seen by staff and students.
- Fostered creativity
- Promoted patriotic development and awareness of the country's theme

4. ACTIVITY / EVENT PHOTOGRAPHS





 **GPS Map Camera**



Google

Mumbai, Maharashtra, India

4VH8+9RF, near Manish Park Pump House, Sher E Punjab Colony, Andheri East, Mumbai,
Maharashtra 400093, India

Lat 19.128459°

Long 72.867204°

15/08/24 07:15 AM GMT +05:30



 **GPS Map Camera**



Google

Mumbai, Maharashtra, India

4VH8+9RF, near Manish Park Pump House, Sher E Punjab Colony, Andheri East, Mumbai,
Maharashtra 400093, India

Lat 19.128446°

Long 72.867101°

15/08/24 07:48 AM GMT +05:30



Ms. Jenevia Pasanna
SNA Advisor

PRINCIPAL
Holy Spirit Institute of Nursing Education,
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Mahakali Caves Road, Andheri (East),
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Ms. Roselin Koshy
SNA Secretary



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

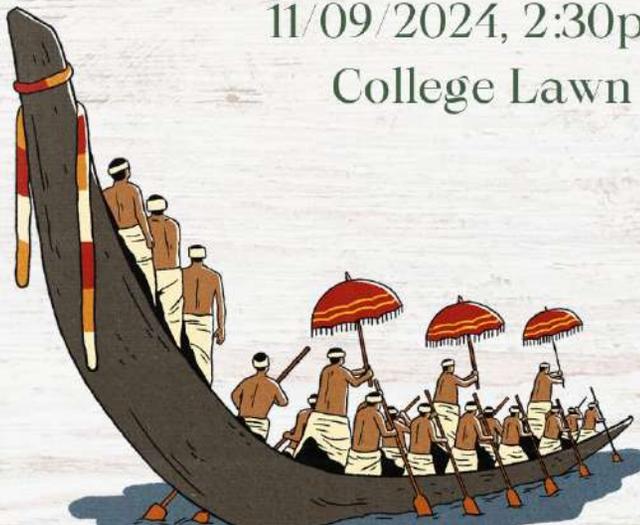
HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

STUDENT NURSE'S ASSOCIATION
Presents

Onam Celebration

- POOKALAM COMPETITION
- CULTURAL FEST
- TUG OF WAR

Join us for a vibrant celebration of art and culture
11/09/2024, 2:30pm
College Lawn





HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

Name of the activity /Event: Onam Celebration

SR NO.	Program Summary	Details
1	Program	Pookalam ,Cultural fest , Tug of war
2	Organized by	SNA Unit
3	Venue/Date	College Lawn/11-09-2024
4	Nature of participant	HSINE Students
5	Number of participants	150
6	Student coordinator	Ms. Nicole and Ms. Roselin
7	Faculty coordinator	Ms. Jenevia and Ms. Anu
8	Judge (if any)	Pookalam: Mrs Usha and Ms Bindu Cultural Fest: Ms. Asha and Ms. Jovita

Brief Summary of the Activity/Event

Objectives:

1. To promote inclusivity and celebrate the diversity of students.
2. To foster a sense of belonging among students, faculty, and staff.

Description

Onam, the harvest festival of Kerala, was celebrated by the students of HSINE. Students brightened the campus with their colourful ethnic wear in the traditional attire of Kerala. There were many activities which the students performed

The activities are:

POOKALAM COMPETITION

The participants of each house displayed their creativity and artistic skills by using a variety of flowers and petals to create stunning designs. The competition added a competitive spirit and brought out the best in the participants. The winners of the competition were Yellow house in 1st place, Green house and Red house tied for 2nd place, and Blue house in 3rd place.

CULTURAL FEST

To show the rich cultural heritage of Kerala, the students of HSINE organized various cultural programs. Students performed various traditional art forms including Thiruvathira and Onapaatu. The audience were captivated by the vibrant costumes, graceful movements, and melodious tunes. The top honors went to Green House in 1st place, followed by Blue house in 2nd place, and Red house in 3rd place.

TUG OF WAR

To add a touch of excitement and fun, the traditional game, tug of war was organized. Students participated in tug of war, the game not only entertained the participants but also promoted teamwork and a sense of healthy competition. The champion of the game was Red House.

Outcomes

1. Students worked together to organize events, fostering teamwork and collaboration.
2. Students, faculty, and staff bonded, strengthening the college community.

Summary

The celebration of Onam at HSINE was a grand success, bringing together students, faculty, and staff members to rejoice in the spirit of unity and cultural diversity. The event provided an opportunity for everyone to experience the vibrant traditions and customs of Kerala. The festivities created a joyful atmosphere, fostering a sense of belonging and pride among the college community. Overall, the celebration of Onam at our College was a memorable and enriching experience for all.

Event Photographs

TUG OF WAR





Mumbai, MH, India

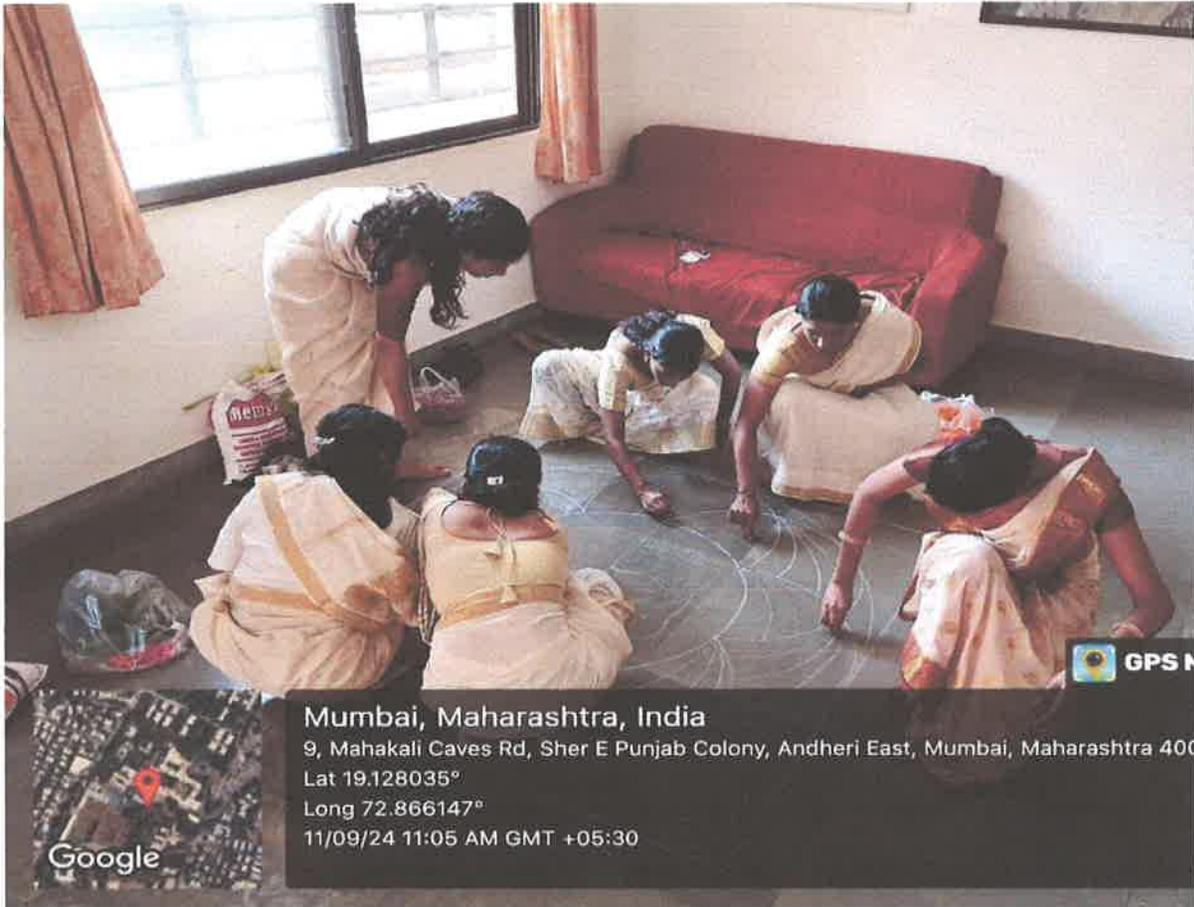
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Lat 19.128047, Long 72.866008
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Note: Captured by GPS Map Camera



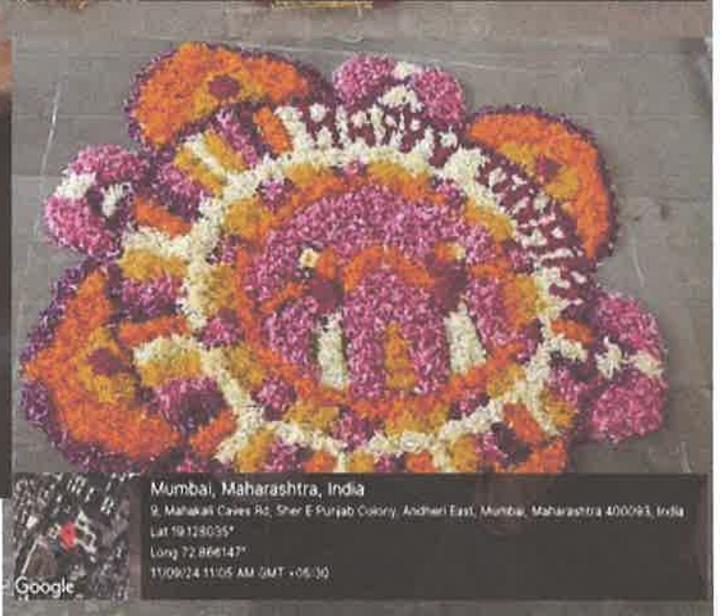
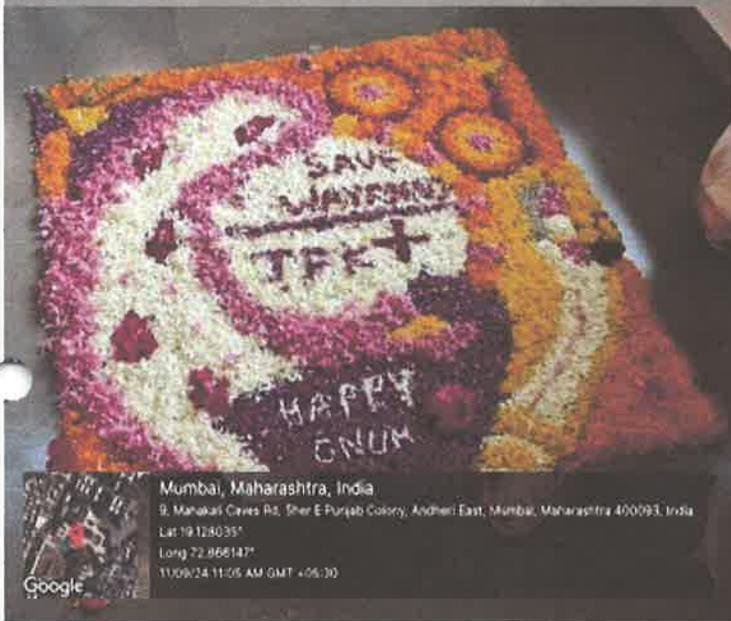
Mumbai, MH, India

Andheri East, Mumbai, 400093, MH, India
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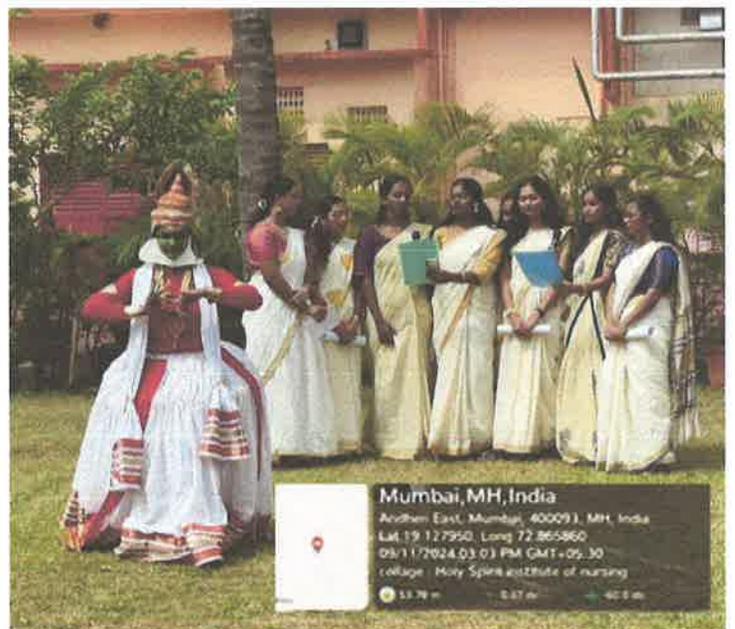
POOKALAM COMPETITION



POOKALAM



CULTURAL FEST



Jenevia

Ms. Jenevia Pasanna
SNA Advisor

Lalitha

Dr. Sr. Lalitha Rosali
Principal

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हिंदी दिवस

13/09/24

हिंदी दिवस के अवसर पर

स्टूडेंट नर्सिंग एसोसिएशन

— प्रस्तुत करता है —

- दोहा प्रतियोगिता
- वेषभूषा प्रतियोगिता

आ



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

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RULES AND REGULATIONS

Venue: Conference Hall

Time: 11am

DOHA RECITATION (HOUSE WISE)

No. of participants from each house: 2

- Dohas must be recited in the original language (e.g., Hindi, Urdu, etc.).
- Dohas can be on any theme or topic, but must be respectful and appropriate.
- Each participant has a set time limit (3 minutes) to recite their selected Dohas.
- Participants must recite from memory; no written notes or scripts are allowed.
- Participants are encouraged to use appropriate tone and pitch to convey the emotions and meaning of the Dohas.
- Participants must enunciate clearly and speak at a moderate pace for audience understanding.
- Participants can choose Dohas from known poets or create their own original compositions.
- Judges will evaluate participants based on memory, pronunciation, tone, pitch, clarity, and overall performance.
- Participants who fail to follow rules or show disrespect to the competition or audience may be disqualified.

FANCY DRESS COMPETITION (HOUSE WISE)

No. of participants from each house: 2

- Dress up as a character from Hindi literature, poetry, or mythology.
- Creative costumes and props are encouraged.
- Time limit is 2 minutes per participant.
- Introduce yourself and your character in Hindi.
- Recite a poem, sing a song, or perform a short act related to your character.
- Hindi language usage is compulsory.
- Prizes will be on Best Costume Best Performance, Best Overall Presentation

शुभकामनाएं!

ॐ





Hindi Diwas Celebartion

SR No.	Program Summary	Details
1	Program	Fancy dress, Doha competition, Documentary
2	Organized by	Student Nurse's Association
3	Venue/Date	13 th September 2024
4	Nature of participant	B.Sc. (N) and P.B.B.Sc.(N)
5	Number of participants	82
6	Student coordinator	Ms. Carolin Paul
7	Faculty coordinator	Ms. Jovita Sequeira
8	Judge	Ms. Leena Sonawane , Ms. Ankita Tiwari

Brief Summary of the Event

Objectives

- To highlight and honour the cultural and literary heritage of Hindi in the institution.
- To promote usage and encourage the use of Hindi in education and daily life among students.
- To foster, inspire learning and teaching.
- To strengthen national identity and unity through a common linguistic medium while respecting linguistic diversity.

Description

Activities Conducted

Program 1: Doha Recitation Competition

- Students participated house-wise
- Recitation of traditional Hindi couplets (dohas)
- Showcase of understanding and appreciation for classical Hindi poetry

- Evaluation by eminent guests Ms. Leena Sonawane and Ms. Ankita Tiwari

Program 2: Fancy Dress Competition

- Students dressed up as renowned Hindi scholars, literary figures, and characters
- Portrayal of famous Hindi literature characters
- Encouraged creativity, confidence, and cultural awareness

Outcomes

1. Enhanced Awareness and Appreciation.
2. Engagement and Participation.
3. Educational Value.

Summary

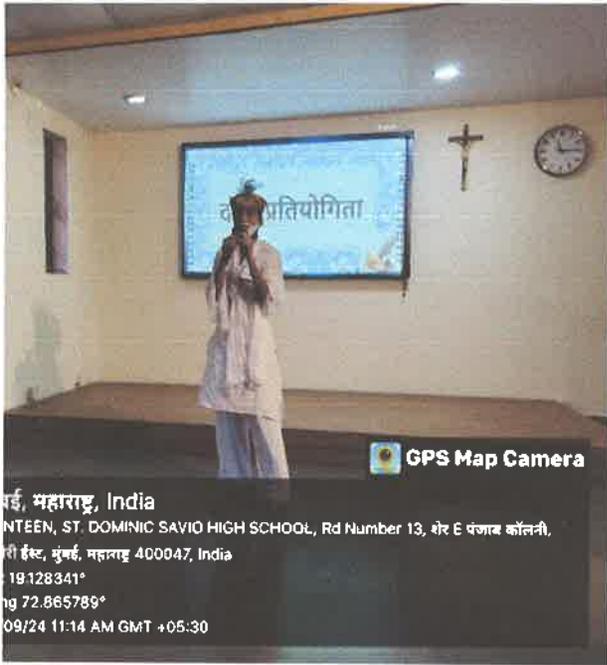
On September 13, 2024, Holy Spirit Institute of Nursing Education (H.S.I.N.E) celebrated Hindi Diwas to honor the Hindi language and promote cultural heritage. The event featured a documentary on Hindi's history and development, and included a fancy dress competition where students dressed as notable Hindi figures, and a doha competition showcasing recitations of traditional couplets. Organized by 4th B.Sc. (N) students with Ms. Jovita Sequeira's guidance, and evaluated by Ms. Leena Sonawane and Ms. Ankita Tiwari, the celebration effectively deepened student's appreciation for Hindi and its literature, making the day both educational and meaningful.

EVENT PHOTOGRAPHS

FANCY DRESS COMPETITION



DOHA RECITATION

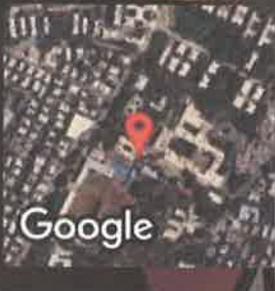


DOCUMENTARY





GPS Map Camera



Mumbai, Maharashtra, India

Tolani College, Guru Gobind Singh Marg, Sher E Punjab Colony, Jogeshwari East, Mumbai, Maharashtra 400093, India

Lat 19.128411°

Long 72.865784°

13/09/24 11:38 AM GMT +05:30

Jovita Sequeira
Faculty Co-ordinator

Ms. Jenevia Pasanna
SNA Advisor

Dr. Sr. Lalitha Rosali
Principal

PRINCIPAL
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HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

WORLD PATIENT SAFETY DAY

Speak up for Patient Safety!

On this occasion

STUDENT NURSE'S ASSOCIATION

Presents

SKIT COMPETITION



17/09/2024





HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

RULES AND REGULATIONS

Venue & Time: Different Hospital Departments, 10 am

- **Each house should have 8-10 participants .**
- **Time limit is 3 to 5 minutes.**
- **Local language must be used in the skit.**
- **Skit must focus on patient safety themes and must include Patient safety goals.**
- **It must be original and not copied from any source.**
- **Minimal props allowed, must be approved by organizers.**
- **Music can be used, but must not overpower dialogues.**
- **No use of slangs and unparliamentary language in the skit.**
- **The Competition will be judged on the basis of the script, facial expressions, and creative use of props, mannerism, co-ordination, voice modulation and overall performance.**

Requesting all the house the leaders to submit the blue print of their skit to Ms. Krishna/Ms. Delphina latest by September 14, 2024

ALL THE BEST!



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

Name of the Program: WORLD PATIENT SAFETY DAY

SR. NO.	PROGRAM SUMMARY	DETAILS
1	Activity	Skit competition, Bulletin board
2	Organized by	Final year students
3	Venue/Date	17/09/2024
4	Nature of participant	Students of HSINE
5	Number of participants	80 Students
6	Student coordinator	Ms. Roselin Koshy
7	Faculty coordinator	Ms. Krishna Dubey

Brief Summary of the Activity/Event

1. OBJECTIVES

- Promote awareness about patient safety
- Encourage Participation
- Foster Innovating thinking and perception
- Promote Awareness and Social Responsibility
- Encourage patient involvement

2. DESCRIPTION

Holy Spirit Institute of Nursing Education Participates in World Patient Safety Day

The staff and students of Holy Spirit Institute of Nursing Education enthusiastically participated in the **World Patient Safety Day, 2024** that aims to raise global awareness about patient safety and call for solidarity and united action by all countries and international partners to reduce patient harm. The event, which centered around the theme "*Get it Right, Make it Safe!*" featured skit by students fostering the need for patient safety.

3. ACTIVITIES CONDUCTED

1. SKIT COMPETITION: Students from various houses at HSINE conducted skit depicting the importance of patient safety. Skit was conducted at various locations of the hospital setting like Medical OPD, emergency department, diagnostic centre. This created a sense of awareness and importance of the theme among patients and their relatives. Various scenarios of patient diagnosis and ignorance was highlighted by the students.

2. BULLETIN BOARD: Informative pictures and ideas were displayed at the main gate of the hospital

Through these activities, the HSINE aimed to spread the message of the importance of patient safety among patients, relatives and staff of the hospital.

OUTCOMES

- Active and immense participation was seen by staff and students.
- Fostered Innovative ideas.
- Promoted holistic development and awareness of social responsibility.

4. ACTIVITY / EVENT PHOTOGRAPHS





GPS Map Camera



मुंबई, महाराष्ट्र, India

CANTEEN, ST. DOMINIC SAVIO HIGH SCHOOL, Rd Number 13, बोर E पंचवटी

कोलनी, अंधेरी ईस्ट, मुंबई, महाराष्ट्र 400047, India

Lat 19.1279°

Long 72.866979°

17/09/24 10:26 AM GMT +05:30

Google



GPS Map Camera



Mumbai, Maharashtra, India

6, B-6, Mahakali Caves Rd, Sher E Punjab Colony, Andheri East, Mumbai, Maharashtra

400093, India

Lat 19.127023°

Long 72.865894°

17/09/24 10:45 AM GMT +05:30

Google

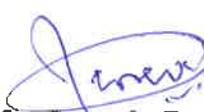


Mumbai, Maharashtra, India
 6, B-6, Mahakali Caves Rd, Sher E Punjab Colony, Andheri East, Mumbai,
 Maharashtra 400093, India
 Lat 19.127159°
 Long 72.866094°
 17/09/24 10:33 AM GMT +05:30



Mumbai, Maharashtra, India
 Remyajeevan CHS, Carmel Monastery, 23/4, Mahakali Caves Rd, Sher E Punjab
 Colony, Andheri East, Mumbai, Maharashtra 400093, India
 Lat 19.126472°
 Long 72.866339°
 17/09/24 10:33 AM GMT +05:30


Ms. Krishna Dubey
 Faculty Co-ordinator


Ms. Jenevia Pasanna
 SNA Advisor


Dr. Sr. Lalitha Rosali
 Principal

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 Holy Spirit Hospital,
 Mahakali Caves Road, Andheri (East),
 Mumbai - 400 093.



HOLY SPIRIT INSTITUTE OF
NURSING EDUCATION
HOLY SPIRIT HOSPITAL

WORLD HEART DAY CELEBRATION

DATE 27.09.2024



EXPERT TALK ON HEALTHY HEART ✓ 2PM - 3PM

FOR B.Sc.(N) & P.B.B.Sc.(N) STUDENTS

RESOURCE PERSON



DR. AMIT SHARMA
CONSULTANT INTERVENTIONAL CARDIOLOGIST, HSH

QUIZ COMPETITION ✓ 3PM - 4PM

GUIDELINES:

- 5 Participant from each house.
- Quiz competition will be carried out in 3 rounds.
- Pay close attention to the quiz master's instructions and questions.
- Maintain composure throughout the competition.



VENUE : MULTI PURPOSE HALL



USE HEART FOR ACTION

HOLY SPIRIT INSTITUTE OF NURSING EDUCATION
HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI (E), MUMBAI-93



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NAME OF THE ACTIVITY / EVENT – WORLD HEART DAY

Sr. No.	Program Summary	Details
1.	Program	Board Activity, CPR Training, Expert Talk on Healthy Heart, Video on Importance of Heart Health, Quiz Competition, Hospital Board
2.	Organized by	3 rd Semester B.Sc. Nursing
3.	Venue/date	Conference Hall / 27-09-2024
4.	Nature of participant	HSINE Students
5.	Number of participants	80
6.	Student coordinator	Ms. Ruth and Ms. Sherin
7.	Faculty coordinator	Mrs. Asha and Mrs. Apurva
8.	Judge (If any)	Nil

BRIEF SUMMARY OF THE ACTIVITY/ EVENT

Objectives

1. Educate students about cardiovascular disease (CVD) prevention and management, fostering a deeper understanding of heart health.
2. Encourage students to adopt and advocate for healthy lifestyle habits, such as regular exercise, balanced diets, and smoking cessation.

DESCRIPTION

World Heart Day celebration at HSINE is a vital initiative aimed at raising awareness about cardiovascular health among nursing students, faculty, and in clinical practice. This event emphasizes the role of nurses in promoting heart health and preventing cardiovascular diseases (CVD), both in their professional practice and personal lives.

The activities are:

BOARD ACTIVITY

World Heart Day 2024 celebration began with Dr. Sr. Lalitha Rosali, Principal, Holy Spirit Institute of Nursing Education, along with faculty members and non-teaching staff, sharing their thoughts on the importance of heart health and ways to take care of their hearts emphasized a collective commitment to fostering heart-healthy lifestyles within the academic community,

aligning with the global mission of World Heart Day to raise awareness about cardiovascular disease prevention.

CPR TRAINING

A comprehensive CPR (Cardiopulmonary Resuscitation) training session was conducted for students to equip them with essential life-saving skills and boost their confidence in responding to cardiac emergencies by Mrs. Asha Thomas and Mrs. Apurva Yenji.

EXPERT TALK ON HEALTHY HEART

Dr. Amit Sharma, Consultant Interventional Cardiologist at Holy Spirit Hospital, gave a talk on advancements in cardiology and heart-healthy habits. He covered innovative procedures like angioplasty and stenting that improve patient outcomes through minimally invasive techniques.

VIDEO ON IMPORTANCE OF HEART HEALTH

A video highlights the significance of heart health for nurses, focusing on their role in maintaining personal cardiovascular wellness and promoting it among patients. It addresses the prevalence of cardiovascular diseases, their impact on overall well-being, and the importance of early detection and prevention.

QUIZ COMPETITION

A quiz competition was held for students on World Heart Day to raise awareness about cardiovascular health and heart disease prevention. The event aimed to be educational and engaging, encouraging active participation. Questions covered basic concepts and complex clinical scenarios, assessing students' understanding of heart health and its practical applications.

OUTCOMES:

1. **Increased Awareness of Cardiovascular Health:** Students gain a better understanding of cardiovascular disease prevention and the importance of heart-healthy lifestyle choices.
2. **Enhanced Nursing Skills:** Students develop practical competencies in conducting health screenings and educating the community on heart health, preparing them for their roles as future healthcare advocates.

Summary

World Heart Day 2024 celebration at Holy Spirit Institute of Nursing Education kicked off with a speech by Dr. Sr. Lalitha Rosali, Principal, emphasizing the importance of heart health and promoting heart-healthy lifestyles. The event featured a CPR training session by Mrs. Asha Thomas and Mrs. Apurva Yenji, providing students with essential life-saving skills. Dr. Amit Sharma, Consultant Interventional Cardiologist at Holy Spirit Hospital, gave an expert talk on advancements in cardiology and the significance of preventive care. Additionally, a video highlighted nurses' roles in maintaining heart health. The day concluded with a quiz competition, where Green House emerged as the champion, followed by Blue and Yellow Houses in second place and Red House in third.

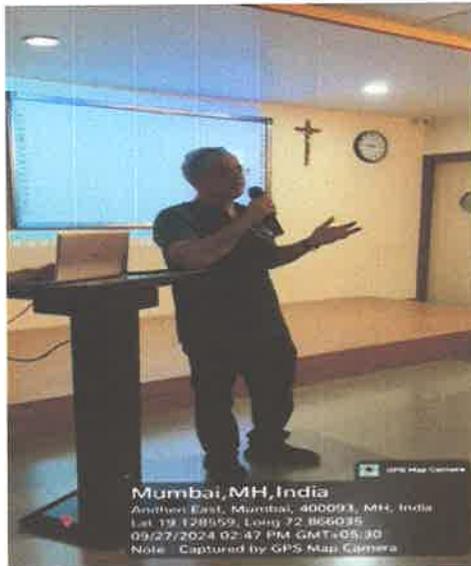
EVENT PHOTOGRAPHS BOARD ACTIVITY



CPR TRAINING



EXPERT TALK ON HEALTHY HEART



VIDEO ON IMPORTANCE OF HEART HEALTH



QUIZ COMPETITION



HOSPITAL BOARD



Apurva

Ms. Apurva Yenji
Faculty Co-ordinator

Jenevia

Ms. Jenevia Pasanna
SNA Advisor

Lalitha

Dr. Sr. Lalitha Rosali
Principal

PRINCIPAL
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HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

ON THE OCCASION OF

Gandhi Jayanti

Student Nurse's Association

—◆◆—
Presents

Floral tribute



Painting competition





HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

GANDHI JAYANTI CELEBRATION

SR NO.	Program Summary	Details
1	Program	Gandhi Jayanti
2	Organized by	SNA unit
3	Venue/Date	HSINE/ 01-10-2024
4	Nature of participant	HSINE Students
5	Number of participants	90
6	Student coordinator	Ms. Nicole and Ms. Roselin
7	Faculty coordinator	Ms. Anu
8	Judge (if any)	Painting Competition: Ms. Vijitha & Ms. Jovita

Brief Summary of the Activity/Event

- **Objectives:**

1. Commemorate Mahatma Gandhi's birth anniversary and honor his legacy.
2. Promote Gandhi's principles of non-violence, peace, and harmony.
3. Inspire students to adopt values of simplicity, self-discipline, and service to society.

- **Description**

On Gandhi Jayanti, our college celebrated, floral tribute honored Mahatma Gandhi's legacy, while a painting competition showcased students' artistic expressions of his teachings.

Floral Tribute

The Gandhi Jayanti celebration commenced with a solemn floral tribute, where students, faculty, and staff gathered to pay respects to Mahatma Gandhi. The gathering offered flowers and garlands at Gandhi's portrait, observing a moment of silence to reflect on his teachings and legacy.

Painting Competition

Unleashing creativity and imagination, the painting competition brought Gandhi's principles to life through vibrant colors and artistic expressions. Students showcased their talents, depicting scenes from Gandhi's life, his teachings, and the values he embodied.

- **Outcomes**

1. Enhanced awareness and appreciation for Gandhi's philosophy and contributions.
2. Developed sense of national pride and responsibility.
3. Encouraged critical thinking and reflection on social issues.

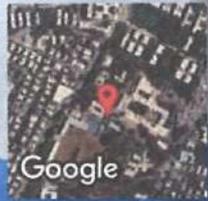
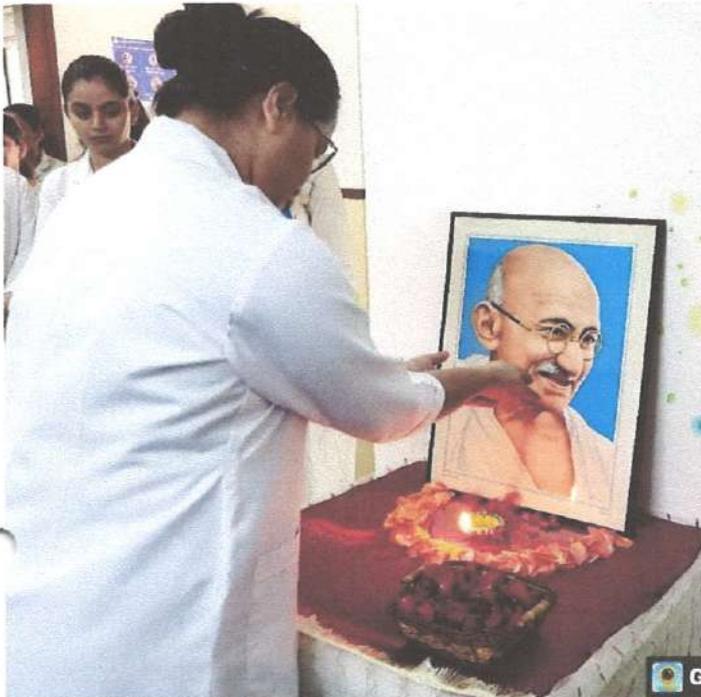
- **Summary**

HSINE celebrated Gandhi Jayanti with a floral tribute and painting competition, honoring Gandhi's legacy and promoting his principles, creativity, and national pride.

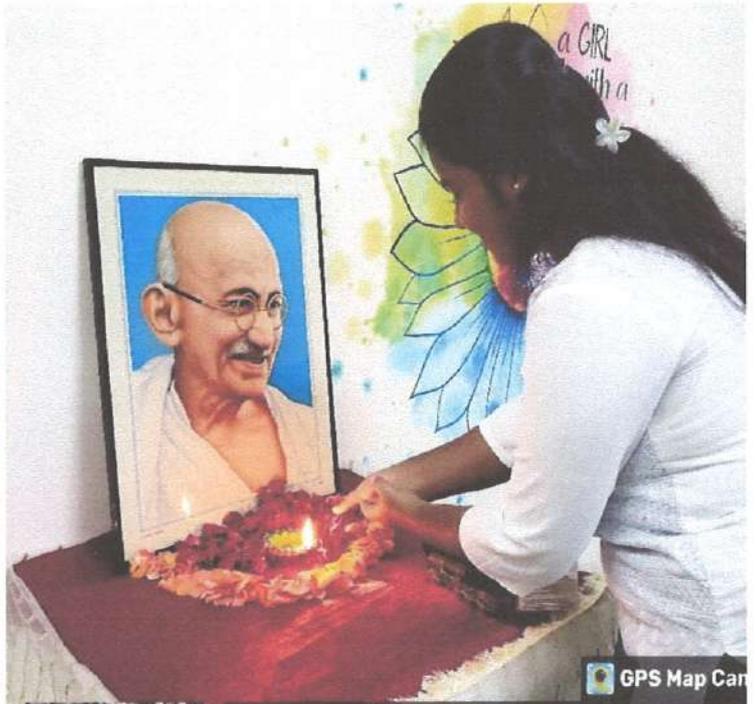
Event Photographs



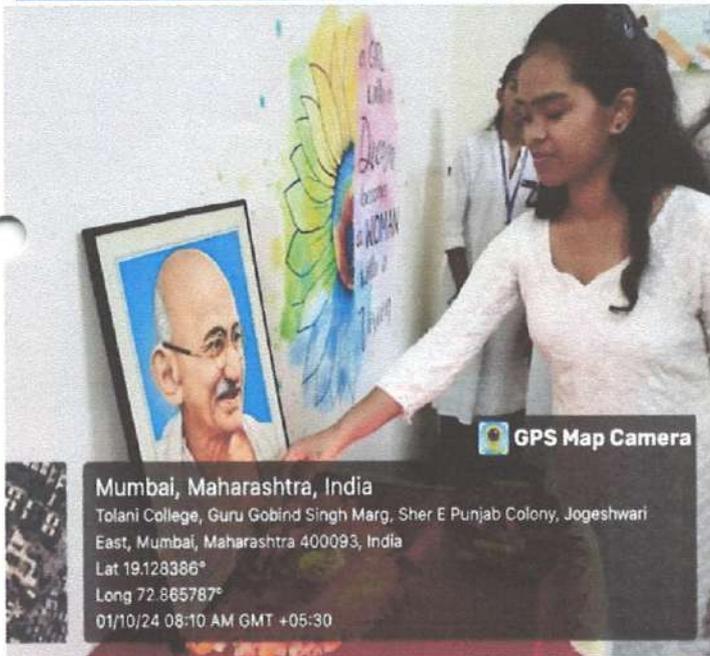
FLORAL TRIBUTE



Mumbai, Maharashtra, India
 Tolani College, Guru Gobind Singh Marg, Sher E Punjab Colony, Jogeshwari East, Mumbai, Maharashtra 400093, India
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 Long 72.865803°
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 Tolani College, Guru Gobind Singh Marg, Sher E Punjab Colony, Jogeshwari East, Mumbai, Maharashtra 400093, India
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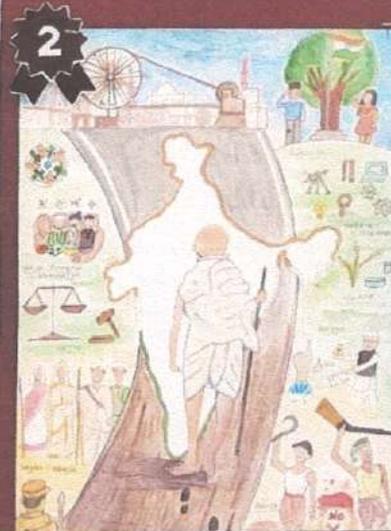
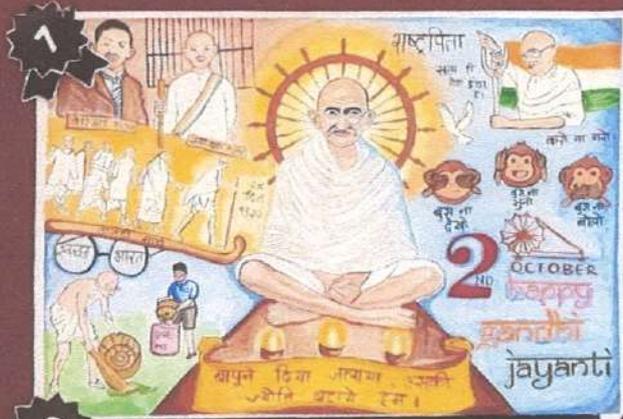
Mumbai, Maharashtra, India
 Tolani College, Guru Gobind Singh Marg, Sher E Punjab Colony, Jogeshwari East, Mumbai, Maharashtra 400093, India
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Mumbai, Maharashtra, India
 Tolani College, Guru Gobind Singh Marg, Sher E Punjab Colony, Jogeshwari East, Mumbai, Maharashtra 400093, India
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HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

GANDHI JAYANTI: PAINTING COMPETITION



Mumbai, Maharashtra, India
9, Mahakali Caves Rd, Sher E Punjab Colony, Andheri Ea
Maharashtra 400093, India
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Ms. Anu Abraham
Faculty Co-ordinator

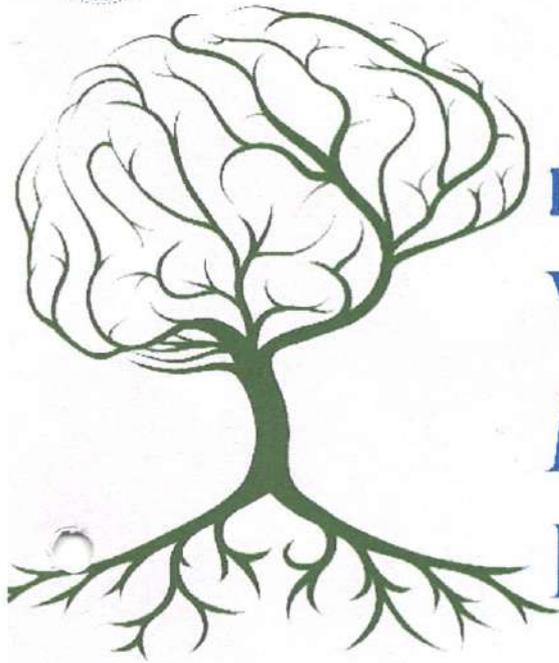
Ms. Jenevia Pasanna
SNA Advisor

Dr. Sr. Lalitha Rosali
Principal

PRINCIPAL
Holy Spirit Institute of Nursing Education,
Holy Spirit Hospital,
Mahakali Caves Road, Andheri (East),
Mumbai - 400 093.



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION
HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI (E), MUMBAI-93



INVITES YOU FOR
**WORLD
MENTAL HEALTH
DAY 2024**

- **EXPERT TALK ON**
IT IS TIME TO PRIORITIZE MENTAL HEALTH
IN THE WORKPLACE
- **ROLE PLAY**



1:30 PM - 2:30 PM
09/10/2024

FOYER, HSH

FOR NURSING ASSISTANTS, HSH





HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

NAME OF THE ACTIVITY / EVENT – WORLD MENTAL HEALTH DAY

Sr. No.	Program Summary	Details
1.	Program	Board Activity, Talk on Stress Management, Role Play and Health talk, Bulletin Board
2.	Organized by	5 th Semester B.Sc. Nursing
3.	Venue/date	Foyer, HSH / 09-10-2024
4.	Nature of participant	Students and staffs of HSINE, Nursing assistants
5.	Number of participants	100
6.	Student coordinator	Ms.Ruby and Ms.Sanjana
7.	Faculty coordinator	Dr.Supriya and Ms.Vijitha

BRIEF SUMMARY OF THE ACTIVITY/ EVENT

Objectives

1. Educate nursing assistants about the significance of prioritizing mental health in the workplace.
2. Encourage nursing assistants to develop effective coping strategies for managing stress.

DESCRIPTION

The World Mental Health Day celebration at HSINE serves as an important opportunity to raise awareness about the significance of mental health, particularly among nursing students and faculty. This event emphasizes the need for maintaining a healthy work-life balance, which is crucial in the demanding field of nursing. By fostering open discussions and sharing resources, we can help students and faculty understand the importance of prioritizing their mental well-being, leading to a more supportive and resilient community. Ultimately, this celebration aims to cultivate a culture where mental health is valued and integrated into daily practices, enhancing both personal and professional lives. The activities are

BOARD ACTIVITY

Faculty and non-teaching staff members and students launched the World Mental Health Day 2024 event by sharing their insights on the importance of mental health and well-being. They discussed strategies for managing stress in the workplace and highlighted a collective commitment to fostering a stable mental health environment.

ROLE PLAY AND HEALTH TALK

The students conducted a role play centered on the theme "It's Time to Prioritize Mental Health in the Workplace." They addressed various challenges encountered in this context and demonstrated effective coping strategies, including open communication, taking breaks, seeking assistance, and fostering kindness among colleagues.

EXPERT TALK ON STRESS MANAGEMENT: Dr. Supriya Mane, Associate Professor at Holy Spirit Institute of Nursing Education, along with Ms. Ruby and Ms. Sanjana, delivered a talk on early intervention and stress management. The session was interactive, allowing participants to share their feelings while learning several effective techniques for achieving a balanced work-life.

OUTCOMES:

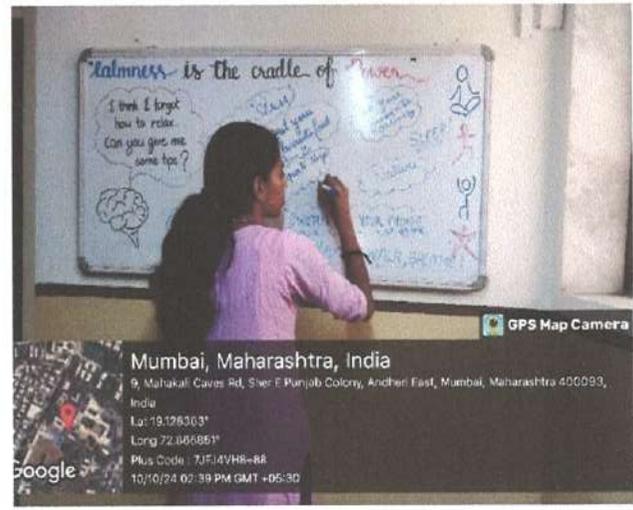
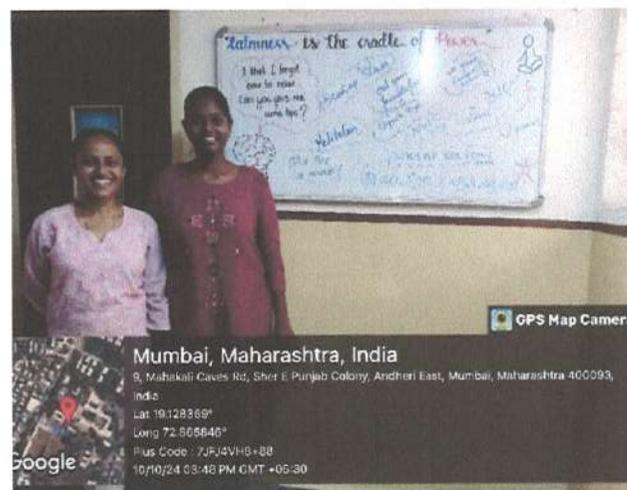
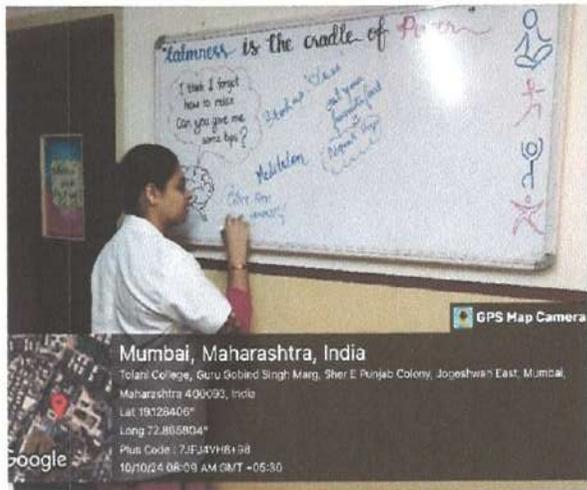
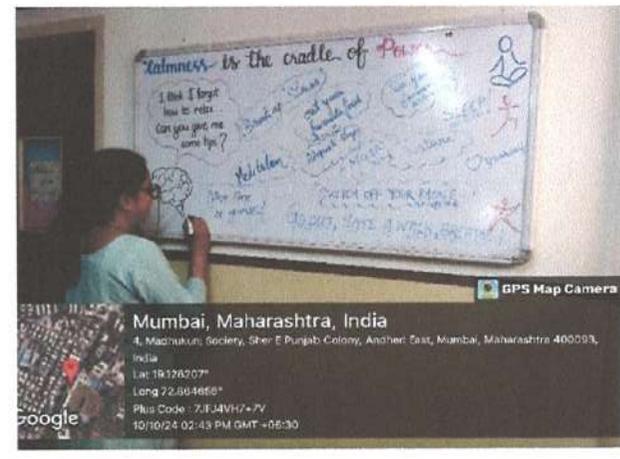
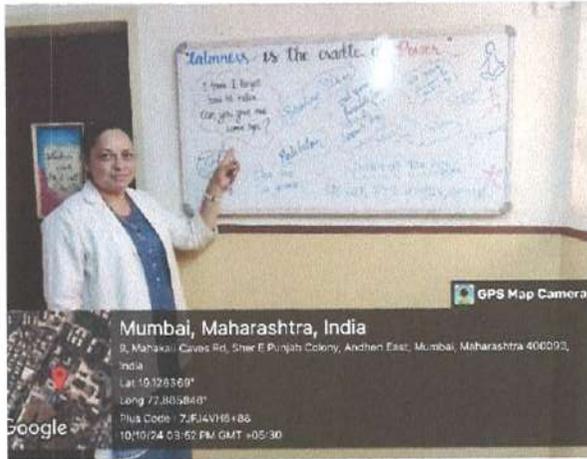
1. Highlighted the significance of mental health: Staff members developed a deeper understanding of the necessity of prioritizing mental well-being.
2. Acquired knowledge on practicing mindfulness, establishing boundaries, and seeking support when necessary.

Summary

World Mental Health Day 2024 focused on the importance of individual mental health. The event included a role play and a health talk by fifth-semester students, who shared effective strategies for mental wellness. Dr. Supriya, along with Ms. Ruby and Ms. Sanjana, discussed how to cultivate a positive mindset and maintain mental well-being. The day concluded on an uplifting note.



BOARD ACTIVITY



BULLETIN BOARD

WORLD MENTAL HEALTH DAY 2024

PRIORITIZE

REDUCING STRESS

SELF-ESTEEM

PROMOTING HEALTH

HOW ARE YOU FEELING TODAY?

IT'S TIME TO PRIORITIZE IN WORKPLACE

Mental Health

TIPS

OPTIMIZE YOUR ENERGY LEVELS

TIME MANAGEMENT

PRACTICE WELLBEING

INVOLVE HUMOR

SHOWING GRATITUDE

GPS Map Camera

Mumbai, Maharashtra, India

9, Mahakali Caves Rd, Sher E Punjab Colony, Andheri East, Mumbai, Maharashtra 400093, India

Lat 19.12838°

Long 72.865906°

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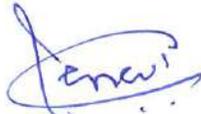
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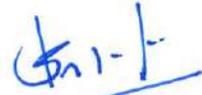
Google

ROLE PLAY AND HEALTH TALK ON STRESS MANAGEMENT




Dr. Supriya Mane
Faculty Co-ordinator


Ms. Jenevia Pasanna
SNA Advisor


Dr. Sr. Lalitha Rosali
Principal

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Holy Spirit Institute of Nursing Education,
Holy Spirit Hospital,
Mahakali Caves Road, Andheri (East),
Mumbai - 400 093.



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

On the occasion of
International Girl Child Day

STUDENT NURSE'S ASSOCIATION



ORGANIZES

- Session on Gender Sensitization
- Poster making competition

11/10/2024



RULES AND REGULATIONS POSTER MARKING COMPETITION

1. Entry from each house: 2 participants.
2. Participants must submit their original, unpublished artwork.
3. The theme of the painting competition is "Girl's Vision for Future"
4. Medium: Watercolor, oil paint, acrylic, or mixed media.
5. Size: A3
6. Material: Canvas or paper
7. Participants must submit their artwork on 11/10/2024 by 12pm to Ms. Delphina/Ms. Anu

NOTE: Late entries will not be entertained!



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

Name of the Program: "INTERNATIONAL GIRL CHILD DAY"

SR. NO.	PROGRAM SUMMARY	DETAILS
1	Activity	Poster Competition, Seminar
2	Organized by	2 nd Year P.B.B.Sc.
3	Venue/Date	Multipurpose Hall, HSINE/ 11-10-24
4	Nature of participant	Students of HSINE
5	Number of participants	100
6	Faculty coordinator	Mrs. Delphina Koli and Ms Anu Abraham

Brief Summary of the Activity/Event

1. OBJECTIVES-

- To Promote Awareness and Social Responsibility about the importance of girl's education
- To highlight the importance of girl's health well-being and access to health care.
- To encourage the leadership and empowerment of girls.

2. DESCRIPTION-

On the occasion of "International Girl Child Day " a program was organized by Holy Spirit Institute of Nursing Education in Andheri East, Mumbai, is designed to create an engaging and enjoyable experience for girl child day 2024. The event features a group of activities, combining poster competition, cultural skit, educational talks, and interactive moments. Program Highlights:

1. POSTER COMPETITION

- A **poster competition** was held to encourage students to visually express their ideas on the theme "Girls Vision for the Future." The competition saw enthusiastic participation from students of various batches.
- The posters showcased a wide range of ideas, from the importance of empowering girls, girls' education to combating child marriage and promoting equal opportunities. The posters were appreciated for their originality, strong messages, and artistic quality.

2. SEMINAR ON GENDER SENSITIZATION:

- The seminar on the theme was organized by Mrs. Jovita Sequeria to raise awareness about the challenges faced by girls worldwide and to promote their rights to education health and protection.
- The event brought together the students and educators to engage in discussion about empowering girl child and ensuring gender equality.

3. OUTCOMES

- Active and immense participation was seen by the students.
- Improved social engagement.
- Promoted and created awareness of world where every girl can reach her full potential.

4. CONCLUSION

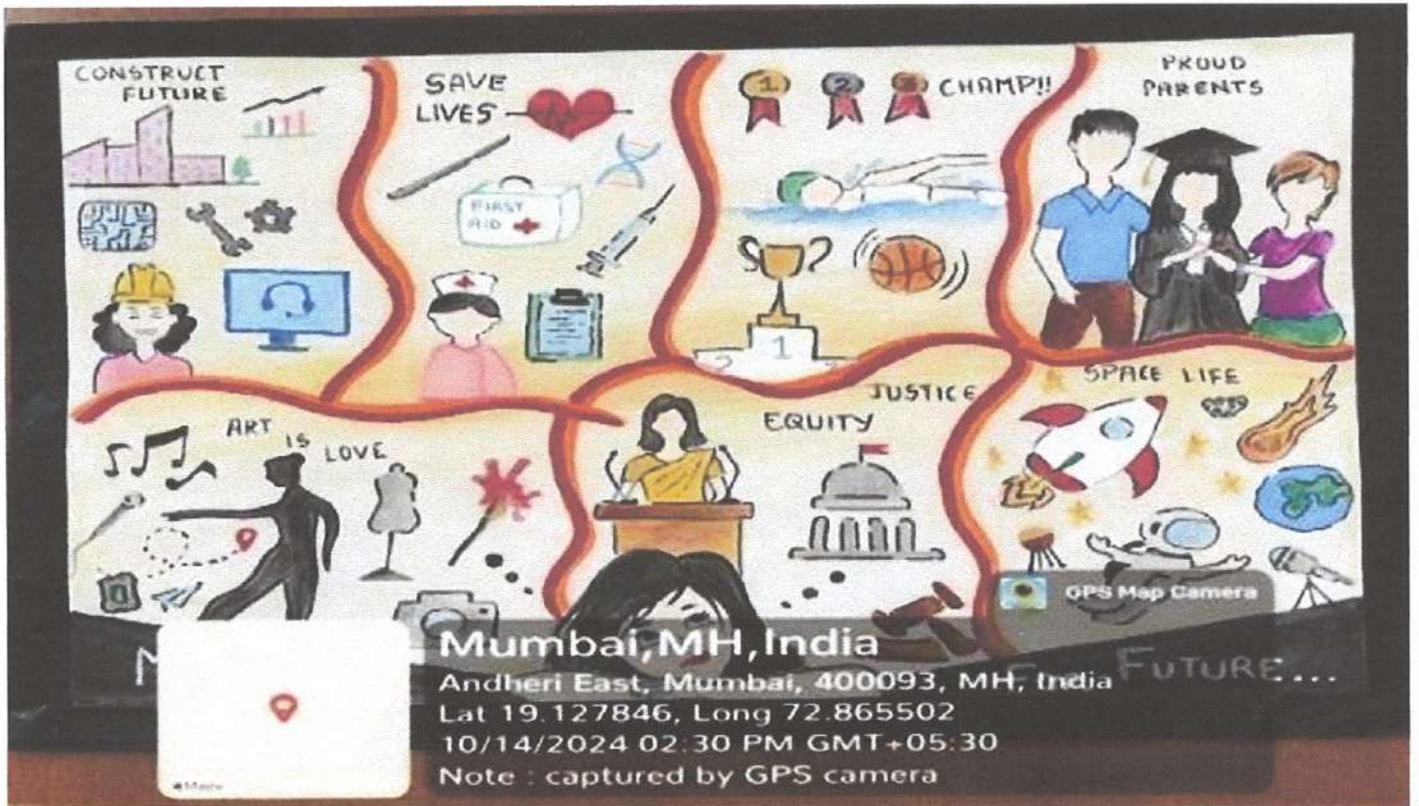
The program successfully combined education, and students support creating a memorable experience for all participants. It strengthened the sense of empowering girl child, promoted health and well-being. Your presence here signifies your commitment to advocating for the rights and wellbeing of girls in your own communities.

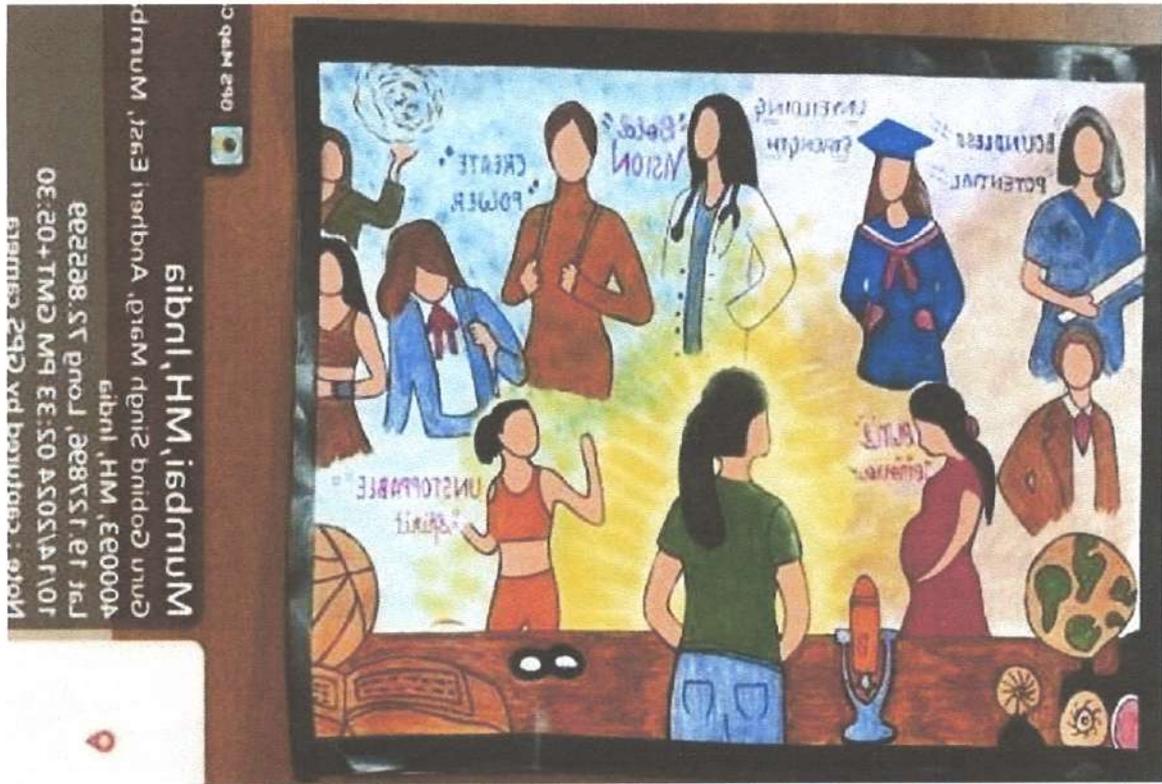
EVENT PHOTOGRAPHS



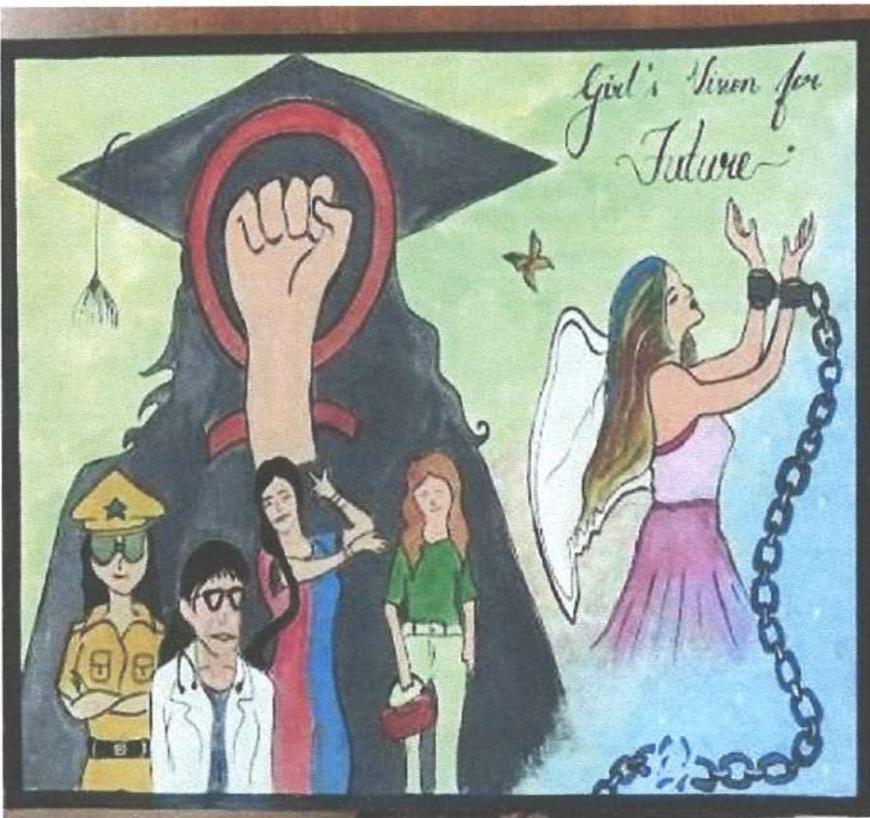


POSTER COMPETITION





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 Note : captured by GPS camera



Mumbai, MH, India
 Guru Gobind Singh Marg, Andheri East, Mumbai
 400093, MH, India
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 Note : captured by GPS camera

Jenevia
Ms. Jenevia Pasanna
 SNA Advisor

Anu
Ms. Anu Abraham
 Faculty Co-ordinator

Lalitha
Dr. Sr. Lalitha Rosali
 Principal

PRINCIPAL
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 Holy Spirit Hospital,
 Mahakali Caves Road, Andheri (East),
 Mumbai - 400 093.



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

DUSSEHRA CELEBRATION

SR NO.	Program Summary	Details
1	Program	Dussehra celebration
2	Organized by	SNA unit
3	Venue/Date	HSINE/ 11-10-2024
4	Nature of participant	HSINE Students
5	Number of participants	120
6	Student coordinator	Ms. Nicole and Ms. Annvian
7	Faculty coordinator	Ms. Jenevia and Ms. Anu

Brief Summary of the Activity/Event

- **Objectives:**

1. To promote awareness and appreciation of Indian cultural heritage and traditions among students and staff.
2. To foster a sense of unity and inclusiveness by involving students, faculty, and staff from diverse backgrounds in the celebration.

- **Description**

- a. **Skit on Dussehra:** The students of the SNA unit organized a captivating skit that portrayed the legendary story of Dussehra, highlighting the victory of Lord Rama over the demon king Ravana. The performance was a powerful reminder of the timeless values of courage, righteousness, and the triumph of good over evil. The students brought the characters to life through engaging dialogues and expressive acting, making the audience feel connected to the essence of the festival.
- b. **Garba Dance:** After the skit, the celebration continued with a spirited Garba performance. Students dressed in traditional attire came together to perform the vibrant and energetic Garba dance, filling the atmosphere with enthusiasm and festivity. The rhythmic beats and synchronized movements added a joyful dimension to the celebration, showcasing the rich cultural diversity and unity within the college

- **Outcomes**

1. Students gained a deeper appreciation for Indian traditions and the significance of Dussehra, fostering respect for cultural diversity within the college.
2. Students worked together to plan, organize, and execute the event, enhancing their teamwork, leadership, and organizational skills.

Summary

The Dussehra celebration at the college, organized by the SNA unit, featured a skit on the triumph of Lord Rama over Ravana, highlighting the festival's moral values. The event also included a lively Garba dance, where students dressed in traditional attire performed energetically, fostering cultural unity and enthusiasm. The program promoted teamwork, cultural appreciation, and student engagement.

Event Photographs

SKIT ON DUSSEHRA





GPS Map Camera

Google

Mumbai, Maharashtra, India

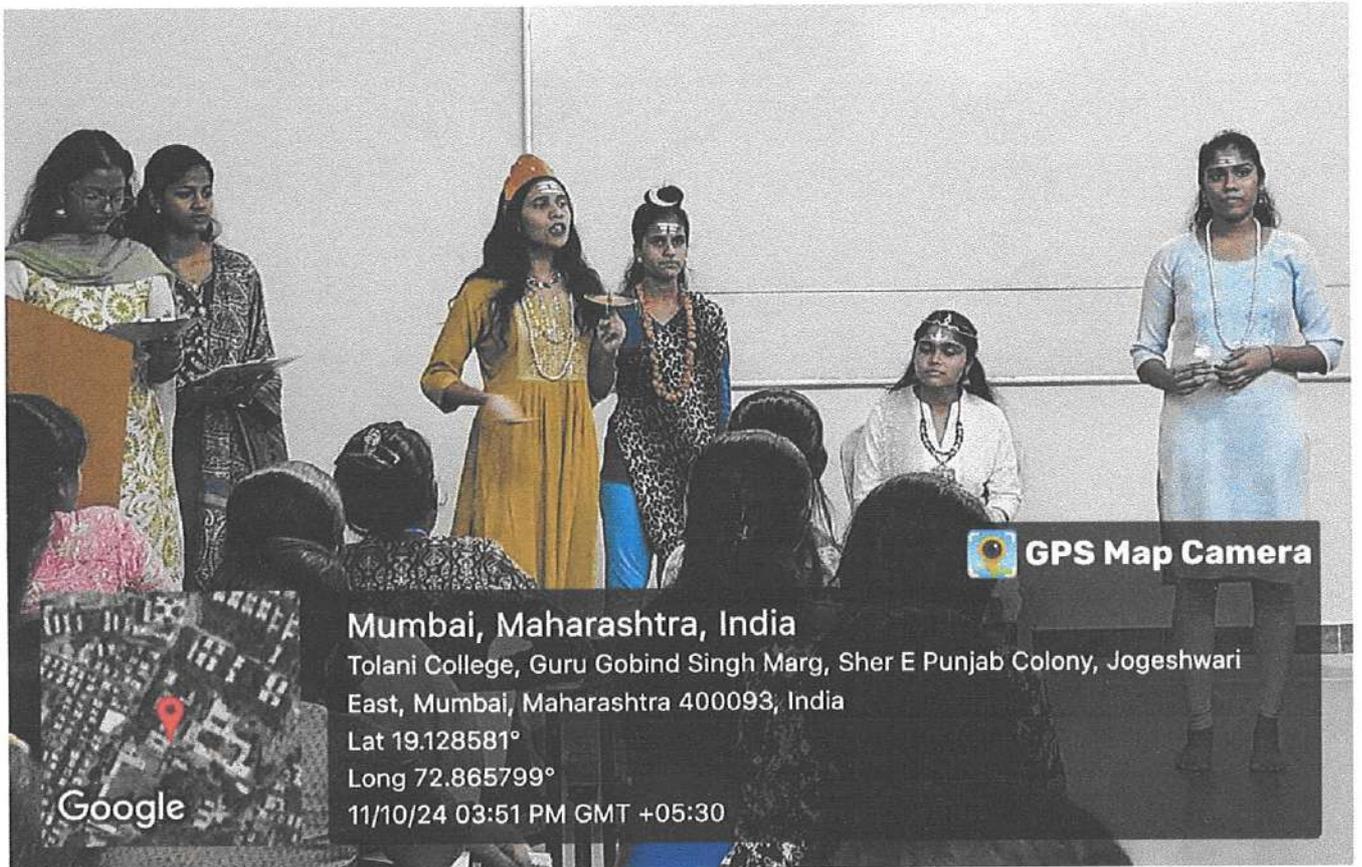
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East, Mumbai, Maharashtra 400093, India

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Long 72.8658°

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GPS Map Camera

Google

Mumbai, Maharashtra, India

Tolani College, Guru Gobind Singh Marg, Sher E Punjab Colony, Jogeshwari

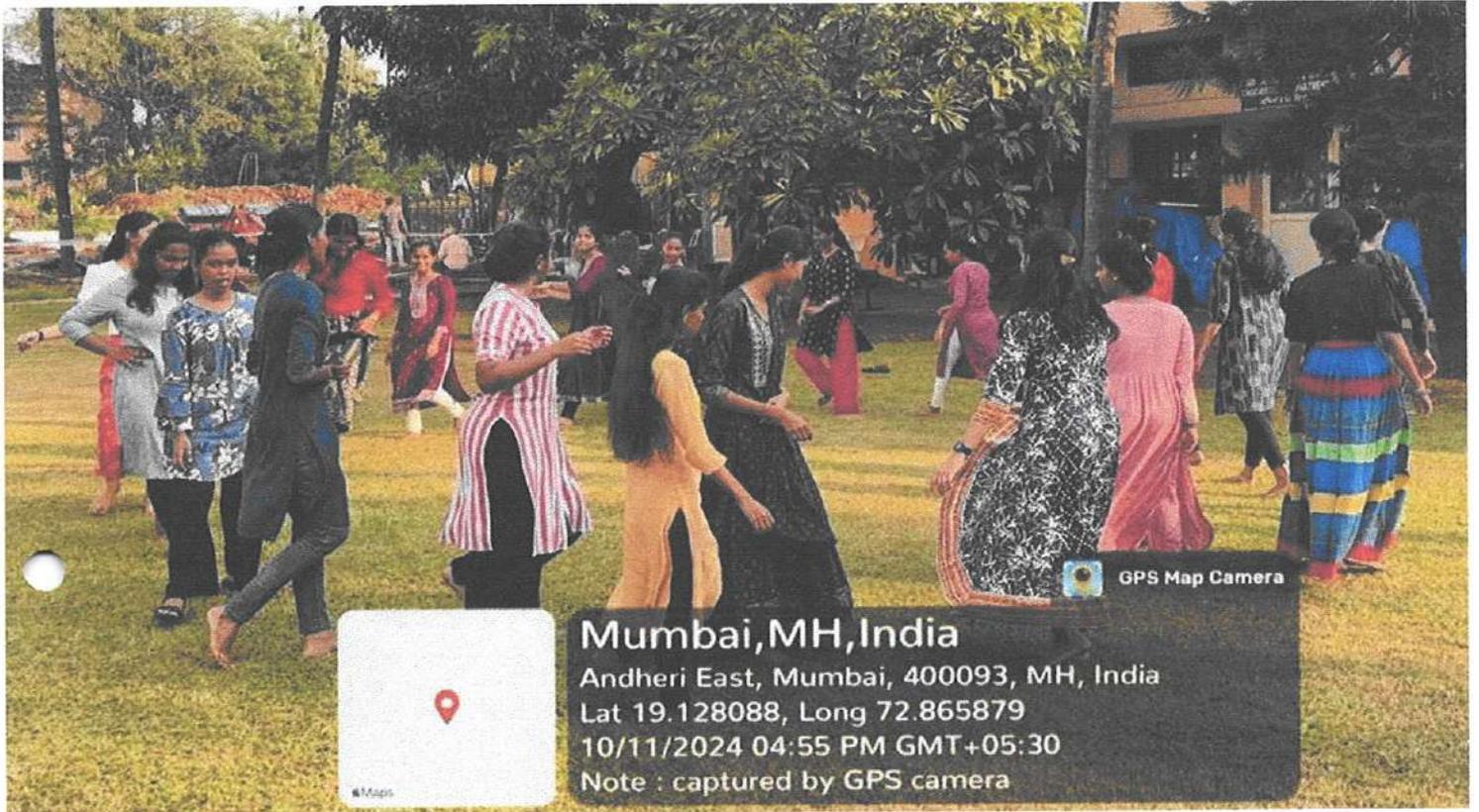
East, Mumbai, Maharashtra 400093, India

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Long 72.865799°

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GARBA DANCE



Ms. Jenevia Pasanna
SNA Advisor

Dr. Sr. Lalitha Rosali
Principal



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

ON THE OCCASION OF

Diwali Celebration

STUDENT NURSE'S ASSOCIATION

Invites you for

- *Lantern making competition*
- *Painting competition*

RULES AND REGULATIONS

LANTERN COMPETITION

1. Prepare one lantern from each house (all the house members can participate).
2. Lanterns must be exactly 40 cm in height and 35 cm in width.
3. Any materials can be used, provided they are safe and non-hazardous.
4. The lantern should have a neat and well-finished appearance.
5. Participants should follow a specific theme.
6. . The lantern should be designed in such a way that that light can be seen through it
7. Lanterns must be submitted to Ms. Anu by 28/10/2024 by 12 pm.
8. Judging criteria include creativity, theme relevance, neatness, material use, and overall presentation.

RULES AND REGULATIONS

PAINTING COMPETITION

1. The competition will be held on 28th October 2024, at 10:45 am in the Multipurpose Hall.
2. Participants must arrive on time; late arrivals will result in disqualification of their house.
3. The theme is "Light and Prosperity," and the artwork should reflect Indian art styles. (Eg: Madhubani, Warli or Rangoli inspired designs)
4. Each painting must include a quote related to "light and prosperity" within the artwork.
5. Only one painting from each house (three participants are allowed from each house for the competition.)
6. Paintings must be created on standard-sized chart paper.
7. Any painting materials (e.g., watercolors, acrylics, markers) are permitted.
8. Judging criteria include creativity, theme relevance, Indian art style, incorporation of the quote, and overall presentation.
9. Requesting all the participants to bring their own articles required for the competition.

Wishing you all a very Happy Diwali!



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

Name of the Program: "DIWALI CELEBRATION"

Sr.No.	Program Summary	Details
1	Program	Diwali Celebration
2	Organized by	SNA Unit
3	Venue/Date	01-11-24
4	Nature of participant	Students of HSINE
5	Number of participants	85
6	Student coordinator	Ms. Nicole
7	Faculty coordinator	Mrs. Jenevia Pasanna and Ms. Anu Abraham
8	Judge (if any)	Ms. Surabi and Ms. Vijitha

Brief Summary of the Activity/Event

1. OBJECTIVES-

- Promote team work among students
- To ignite the festival of light
- To spread happiness and strengthen the bonds

2. DESCRIPTION-

- **Lantern Making Competition:** Conducted house-wise, the Lantern Making Competition saw enthusiastic participation from students. Each house displayed creativity by designing unique and vibrant lanterns, symbolizing the spirit of Diwali. The competition highlighted teamwork and innovation as students worked together to craft their masterpieces.
- **Painting Competition:** The Painting Competition, also held on a house-wise basis, showcased the artistic talents of the students. Participants depicted the essence of Diwali through their colorful and imaginative artwork the competition encouraged healthy rivalry and allowed students to express their creativity.

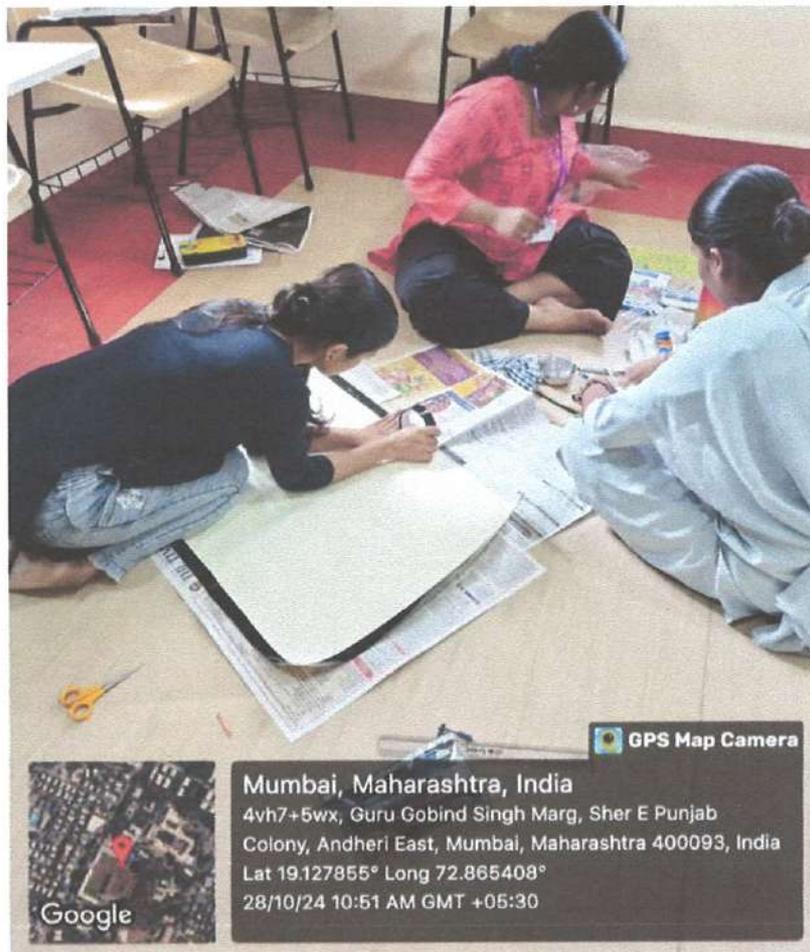
3. OUTCOMES

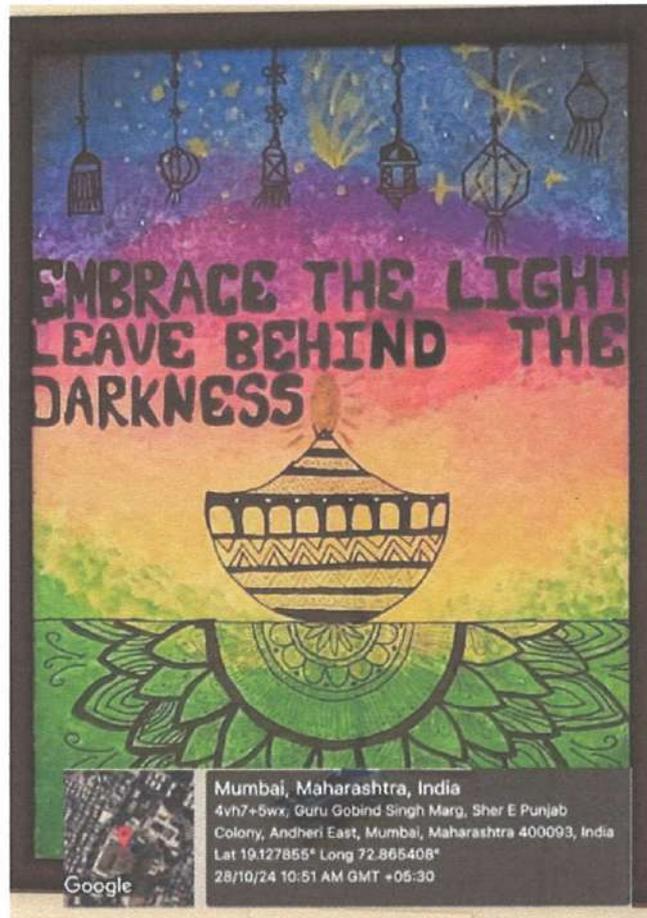
- Active participation seen by the students
- Developed team spirit
- Emerging talents and Hard work

4. CONCLUSION

The house leaders and the members of the each houses participated in lantern making and painting competition to give meaning to this festive season and making everyone know that diwali is not only a religious festival but also cultural, encouraging love, harmony, and the joy of unity. They came forth with the unique talents of creating lanterns and painting on the theme of "light and prosperity". They made this diwali a very beautiful one.

5. EVENT PHOTOGRAPHS





Ms. Jenevia Pasanna
SNA Advisor

Ms. Anu Abraham
Faculty Co-ordinator

Dr. Sr. Lalitha Rosali
Principal

PRINCIPAL
Holy Spirit Institute of Nursing Education,
Holy Spirit Hospital,
Mahakali Caves Road, Andheri (East),
Mumbai - 400 093.



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

On the occasion of

NATIONAL CONSTITUTION DAY

INVITES YOU FOR

- Preamble Recitation
- Poem Recitation Competition

26/11/2024



RULES AND REGULATIONS

PAINING COMPETITION

1. Entry from each house: 2 participants.
2. Participants must submit their original, unpublished artwork.
3. The theme of the painting competition is "Gandhi Jayanti" or "Mahatma Gandhi's Life and Teachings".
4. Medium: Watercolor, oil paint, acrylic, or mixed media.
5. Size: A3
6. Material: Canvas or paper
7. Participants must submit their artwork by 01/10/2024 by 12pm to Ms. Jenevia Pasanna

NOTE: Late entries will not be entertained!

All the best!



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

Name of the Program: "CONSTITUTION DAY"

Sr.No.	Program Summary	Details
1	Program	Constitution Day
2	Organized by	SNA Unit
3	Venue/Date	OET room/ 26-11-24
4	Nature of participant	Students of HSINE
5	Number of participants	60
6	Student coordinator	Ms. Nicole
7	Faculty coordinator	Ms. Anu Abraham
8	Judge (if any)	Ms. Rima and Ms. Leena

Brief Summary of the Activity/Event

1. OBJECTIVES-

- Recognize and honor the principles of democracy that uphold the sovereignty, equality, and justice enshrined in our nation's foundation.
- Reaffirm commitment to the ideals articulated in the Preamble of the Indian Constitution, including justice, liberty, equality, and fraternity.
- Encourage understanding and adherence to the fundamental rights and duties that form the cornerstone of a harmonious and progressive society.

2. DESCRIPTION-

- As part of the Constitution Day celebrations, our college organized a **Poem Recitation Competition** on the theme of Constitution Day.
- The competition was conducted house-wise, with students actively participating and showcasing their creativity and passion.
- The participants recited poems that reflected the values, principles, and spirit of the Indian Constitution.
- The event provided a platform for students to express their understanding of democratic ideals and their appreciation for the Constitution through poetry.

3. OUTCOMES

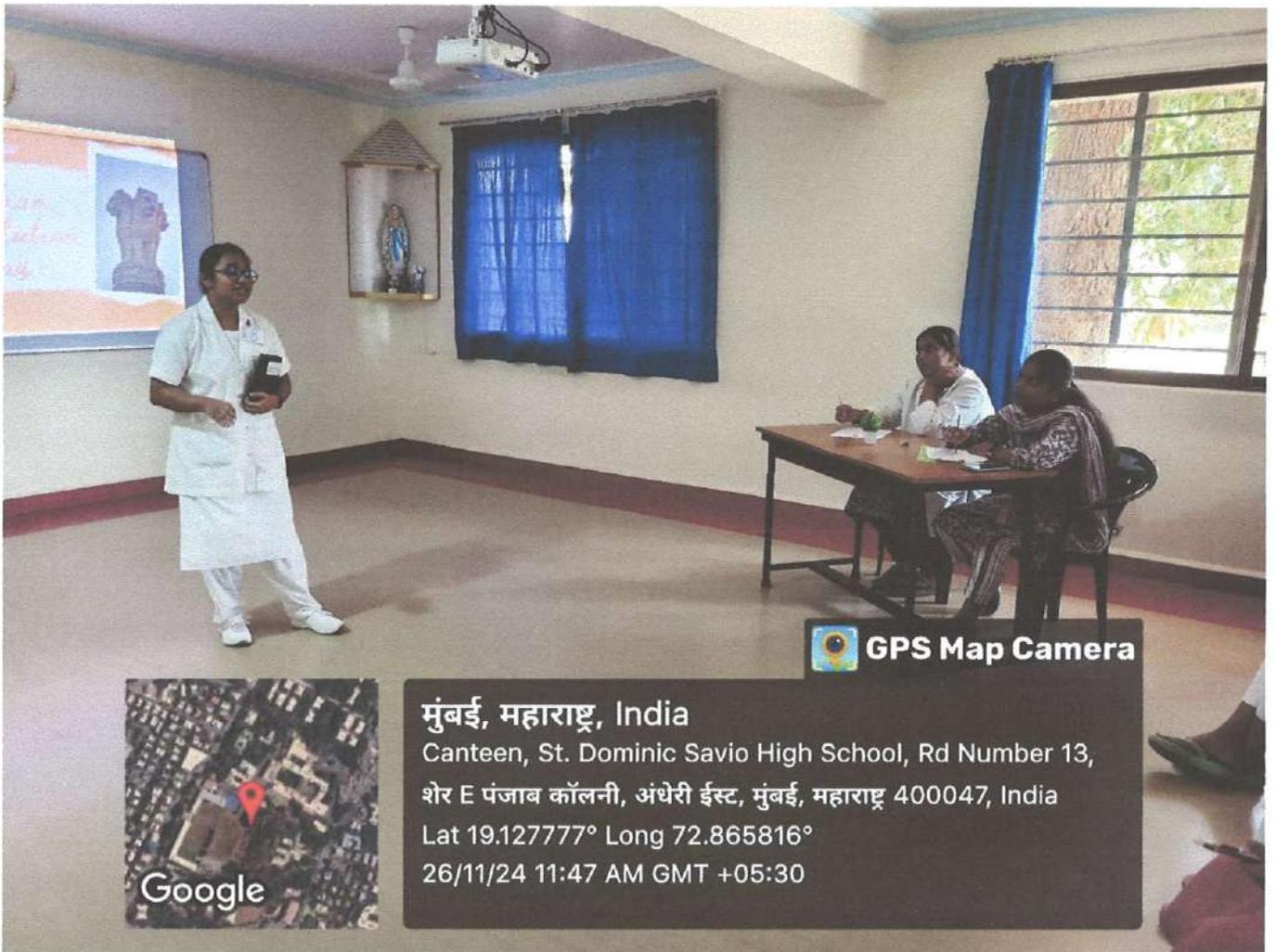
- Developed their abilities in creativity, critical thinking and public speaking.
- Enjoyed the recitation of the poem.
- Presentations of their skills during reciting.

4. CONCLUSION

The students creatively performed in poetry recitation competition. Came forth with many innovative ideas and a talent of confidence and clarity in their recitation. The students did their best showing love and respect for our country by poetry recitation and saying preamble.

5. EVENT PHOTOGRAPHS





 **GPS Map Camera**



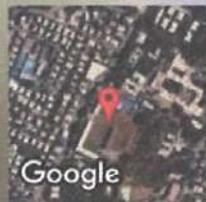
Google

मुंबई, महाराष्ट्र, India

Canteen, St. Dominic Savio High School, Rd Number 13,
 शेर E पंजाब कॉलनी, अंधेरी ईस्ट, मुंबई, महाराष्ट्र 400047, India
 Lat 19.127777° Long 72.865816°
 26/11/24 11:47 AM GMT +05:30



 **GPS Map Camera**



Google

Mumbai, Maharashtra, India

4vh7+5wx, Guru Gobind Singh Marg, Sher E Punjab Colony,
 Andheri East, Mumbai, Maharashtra 400093, India
 Lat 19.127798° Long 72.865048°
 26/11/24 11:45 AM GMT +05:30


Ms. Jenevia Pasanna
SNA Advisor


Ms. Anu Abraham
Faculty Co-ordinator


Dr. Sr. Lalitha Rosali
President



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93



WORLD AIDS DAY



December 1, 2024

Creating Awareness

On

HIV/ AID'S



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

NAME OF THE ACTIVITY / EVENT – WORLD AIDS DAY

Sr. No.	Program Summary	Details
1.	Program	World AIDS Day
2.	Organized by	Sudents of HSINE
3.	Date	02-12-2024
4.	Nature of participant	HSINE Students
5.	Faculty coordinator	Ms. Anu Abraham
6.	Judge (If any)	Nil

BRIEF SUMMARY OF THE ACTIVITY/ EVENT

Objectives

- Raise awareness about HIV/AIDS, its causes, consequences and prevention methods.
- Encourage people to get tested for and known their status.
- Advocate for the rights and needs of people living with AIDS/HIV.

DESCRIPTION

World AIDS Day celebration at HSINE is a vital initiative aimed at raising awareness about HIV/AIDS among nursing students. This event emphasizes on gain knowledge on progress in treatment, and prevention among the students.

The activities are:

BULLETIN BOARD:

Students have prepared chart board,that contain in detail information about HIV/AIDS.

- Chart including in the center red ribbon , a symbol of AIDS with the title
- Causes like drug addiction, unsafe sexual intercourse , blood transfusion
- Symptoms like TB, swollen lymph nodes, mouth ulcer
- Diagnosis includes CD4, HIV self test and NAT blood test
- Preventive measures includes uses of barrier methods, and safe clinical practices
- Coping strategies and governmental schemes to eradicate HIV among population.

OUTCOMES:

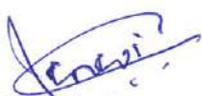
1. Increased Awareness of HIV/AIDS, Students, gain a better understanding of disease prevention and the importance healthy lifestyle choices.
2. Enhanced Nursing Skills: Students develop practical competencies in conducting health screenings and educating the community on HIV/AIDS preparing them for their roles as future healthcare advocates.

SUMMARY:

World AIDS Day 2024, behalf of this event students from 2 ND GNM had made chart board , that has been include overall in detail information about AID/HIV , its causes, symptoms , preventions, diagnosis evaluation , governmental schemes related to eradication of HIV/AIDS among population.

HOSPITAL BOARD




Ms. Jenevia Pasanna
SNA Advisor


Ms. Anu Abraham
Faculty Co-ordinator


Dr. Sr. Lalitha Rosali
Principal

PRINCIPAL
Holy Spirit Institute of Nursing Education,
Holy Spirit Hospital,
Mahakali Caves Road, Andheri (East),
Mumbai - 400 093.

HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

Holy Spirit Hospital Mahakali Caves Road Andheri East-93

On the occasion of

International

HUMAN RIGHTS DAY

STUDENT NURSES' ASSOCIATION

Organises

- **CALENDER MAKING COMPETITION**
- Video display by UNICEF



CALENDER COMPETITION

(House Wise)

- Calender can be made as per your ideas and creativity.
- Size should be of a table calender
- Submission date: 10/12/24 by 12pm
- Submit to Ms. Tania Sabu

All the best!



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

NAME OF THE EVENT: HUMAN RIGHTS DAY

SR.NO	PROGRAM SUMMARY	DETAILS
1.	Activity	Calendar competition, UNICEF video display
2.	Organized by	SNA unit
3.	Venue/Date	10/12/24
4.	Nature of participant	Students of HSINE
5.	Number of participants	90
6.	Faculty coordinator	Ms.Tania Sabu

BRIEF SUMMARY OF THE EVENT:

OBJECTIVES

- Raise Awareness on Human Rights
- Foster Creative Expression
- Promote Education on UNICEF's Role

DESCRIPTION

On the occasion of "Human Rights Day", Holy Spirit Institute of Nursing Education, Andheri East, Mumbai organized various activities. The event featured a group of activities like calendar making and UNICEF video display to 1st semester and 1st GNM students.

- **Calendar making competition:** The Human Rights Day Calendar Making Competition aims to raise awareness about human rights issues through creative expression. By designing a calendar, participants can visually represent key human rights themes, raise public consciousness, and contribute to a year-long celebration of human rights advocacy. The SNA unit organized calendar making competition in which all the four houses (red, green, yellow, blue) took part.
- **UNICEF video display:** To celebrate Human Rights Day, a video display featuring UNICEF's work was created to educate and inform the public about the organization's global efforts to protect and promote children's rights. The video aimed to showcase UNICEF's key campaigns, its partnerships with governments and local organizations, and how it continues to make a difference in the lives of vulnerable children around the world.

OUTCOMES

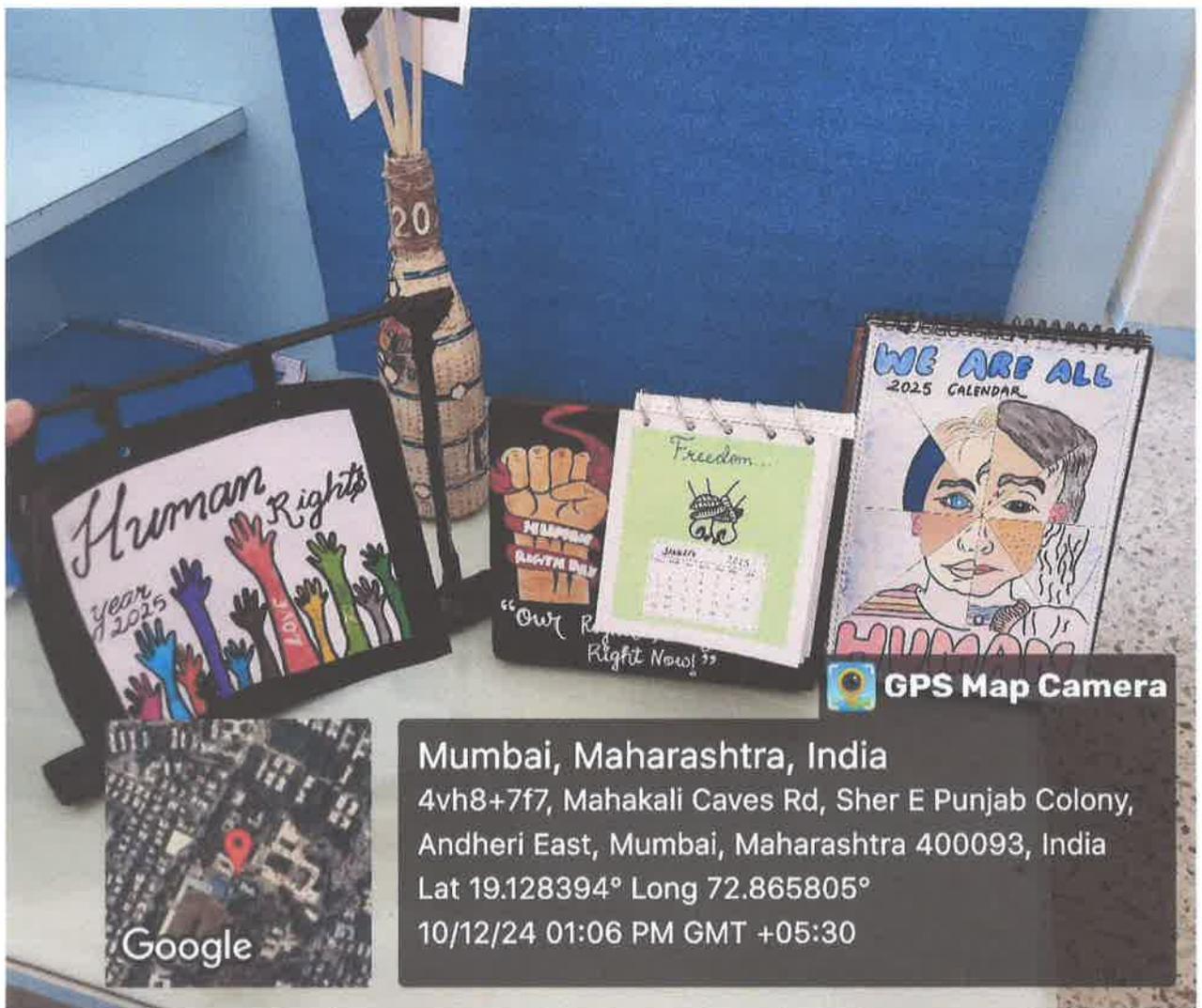
- Increased Awareness of Human Rights Issues
- Creativity as a Tool for Advocacy
- Educational Impact
- Empowerment of Young Voices

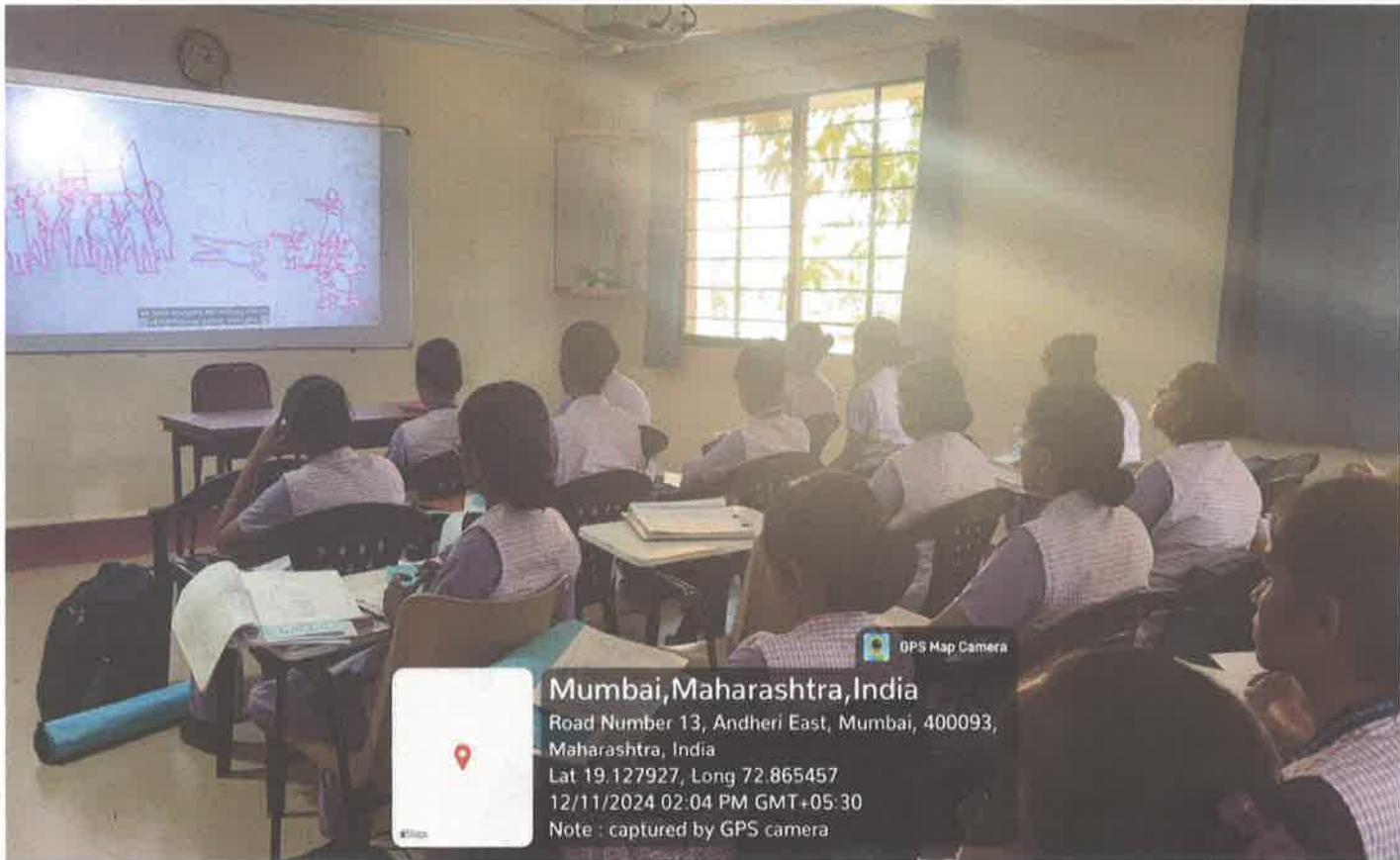
- Recognition and Celebration of Local and Global Efforts
- Increased Awareness of Global Child Rights Issues
- Inspiration for Future Actions

SUMMARY

The day serves as an important reminder of the need to protect and promote human rights globally, while also highlighting ongoing challenges faced by individuals and communities. Various events, campaigns, and activities are held worldwide to raise awareness, educate people about their rights, and encourage action to address human rights violations. It was a different experience for all the students of HSINE. The activities were quiet useful and relevant. The activities were well-received by the students.

EVENT PHOTOGRAPHS





Ms. Jenevia Pasanna
SNA Advisor

Ms. Anu Abraham
Faculty Co-ordinator

Dr. Sr. Lalitha Rosali
President

PRINCIPAL
Holy Spirit Institute of Nursing Education,
Holy Spirit Hospital,
Mahakali Caves Road, Andheri (East),
Mumbai - 400 093.



The Management, Principal, Staff & Students of
HOLY SPIRIT INSTITUTE OF NURSING EDUCATION
HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI (E), MUMBAI-93

Solicit your gracious presence on the occasion of



LAMP LIGHTING CEREMONY 2025

20th Batch of B.Sc. (N) & 28th Batch of GNM

CHIEF GUEST

MS. JESSICA DSOUZA

GROUP CHIEF NURSING OFFICER,
GLENEAGLES HOSPITALS, INDIA

On 17th January, Friday at 10:30 am
Venue: Janssen Auditorium, HSH



Be a Rainbow of Healing



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

NAME OF THE EVENT: LAMP LIGHTING CEREMONY

Sr. No.	Program Summary	Details
1	Program	Oath Taking Ceremony
2	Organized by	SNA Unit
3	Venue/Date	Janseen's Auditorium /17-01-25
4	Nature of participant	Principal, Teachers and students
5	Number of participants	200
6	Student Co-ordinator	Ms. Ann
7	Faculty Co-ordinator	Mrs. Jenevia Pasanna

BRIEF SUMMARY OF THE ACTIVITY/EVENT

1. OBJECTIVES

- Overview of the nursing field.
- Highlighting the importance of empathy and caregiving.
- Motivating students to pursue high standards.
- Encouraging a spirit of unity and belonging.

2. DESCRIPTION

The Lamp Lighting Ceremony commenced with 58 aspiring nurses, accompanied by dignitaries, making a ceremonial procession through the aisle. The event began with a prayer song performed by fourth-year B.Sc. students, invoking blessings for the auspicious occasion. This was followed by a welcome address from Ms. Sandra Matthew. Sr. Lissy Devassy, Executive Director, delivered an inspiring speech, encouraging the new students as they embarked on their professional journey.

The highlight of the ceremony was the students lighting the lamp and taking their oath, symbolizing the official start of their nursing careers—a tradition rooted in the legacy of Florence Nightingale and representing the transition into the noble profession of nursing. The Chief Guest, Mrs. Jessica D'souza (Group Chief Nursing Director, Gleneagles Hospital, Mumbai), shared motivational words and personal experiences, emphasizing the importance of compassion and service to society. The event concluded with an appreciation note from Principal Dr. Sr. Lalitha Rosali and the singing of the institutional anthem, marking a memorable milestone for the new nursing professionals.

3. OUTCOMES

- Recognition of the profession's honorable nature
- Dedication to promoting the welfare of society

4. SUMMARY

The Lamp Lighting Ceremony serves as a significant tradition, motivating nursing students to begin their careers with empathy, dedication, and a commitment to exceptional service."

5. PHOTOGRAPHS





Vian

Ms. Annvian Joji
 SNA Secretary

Jenevia

Ms. Jenevia Pasanna
 SNA Advisor

Lalitha

Dr. Sr. Lalitha Rosali
 Principal

PRINCIPAL
 Holy Spirit Institute of Nursing Education,
 Holy Spirit Hospital,
 Mahakali Caves Road, Andheri (East),
 Mumbai - 400 093.



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

Holy Spirit Hospital, Mahakali Caves Road, Andheri (E), Mumbai-93

76TH REPUBLIC DAY

26

JANUARY

CHIEF GUEST
MS. ZITA QUADROS
ADVOCATE

VENUE

GATE NO.1 IPD ENTRANCE,
HOLY SPIRIT HOSPITAL

TIME

7.15AM



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

Name of the Program: REPUBLIC DAY

SR NO	Program Summary	Details
1	Activity	<ul style="list-style-type: none">• Flag Hoisting• Cultural Program
2	Organized by	SNA Unit
3	Venue/Date	College Campus / 26-01-25
4	Nature of participant	Staff & Students (B.Sc. & P.B.B.Sc.) of HSINE and Holy Spirit Hospital
5	Number of participants	235
6	Student coordinator	Ms. Ann Roy Ms. Nicole Anthony
7	Faculty coordinator	Ms. Jenevia Pasanna
8	Chief Guest	Mrs. Zita Quadros, Advocate

Brief Summary of the Activity/Event

1. OBJECTIVES

- Honor the country's republic day and promote constitutional values
- Commemorating the adoption of the Constitution of the Republic of India and the country's transition to a republic
- Reinforcing the idea of unity in diversity and the importance of the day.

2. DESCRIPTION

The Holy Spirit Institute of Nursing Education staff and students eagerly took part in the student council-organized Republic Day Celebration. This day holds great significance as it marks the birth of the Indian Republic. Every year to Honor the date on which the Constitution of India came into effect events are organised filled with patriotism and enthusiasm.

3. ACTIVITIES CONDUCTED

1. Prayer Song- The celebration began with the prayer song dedicated to our country, followed by a flag hoisting ceremony by our respected chief guest, followed by the national anthem.

2. March Past- March past was performed amazingly by the students and the security team.

3. Address by Chief Guest- The chief guest Mrs. Zeeta Quadros addressed the gathering, emphasizing the importance of the Constitution and the duties of citizens.

4. Patriotic program- Students presented patriotic songs and a patriotic dance which were well-received by the audience.

The event saw active participation from students, Doctors, Sisters, and staff members.

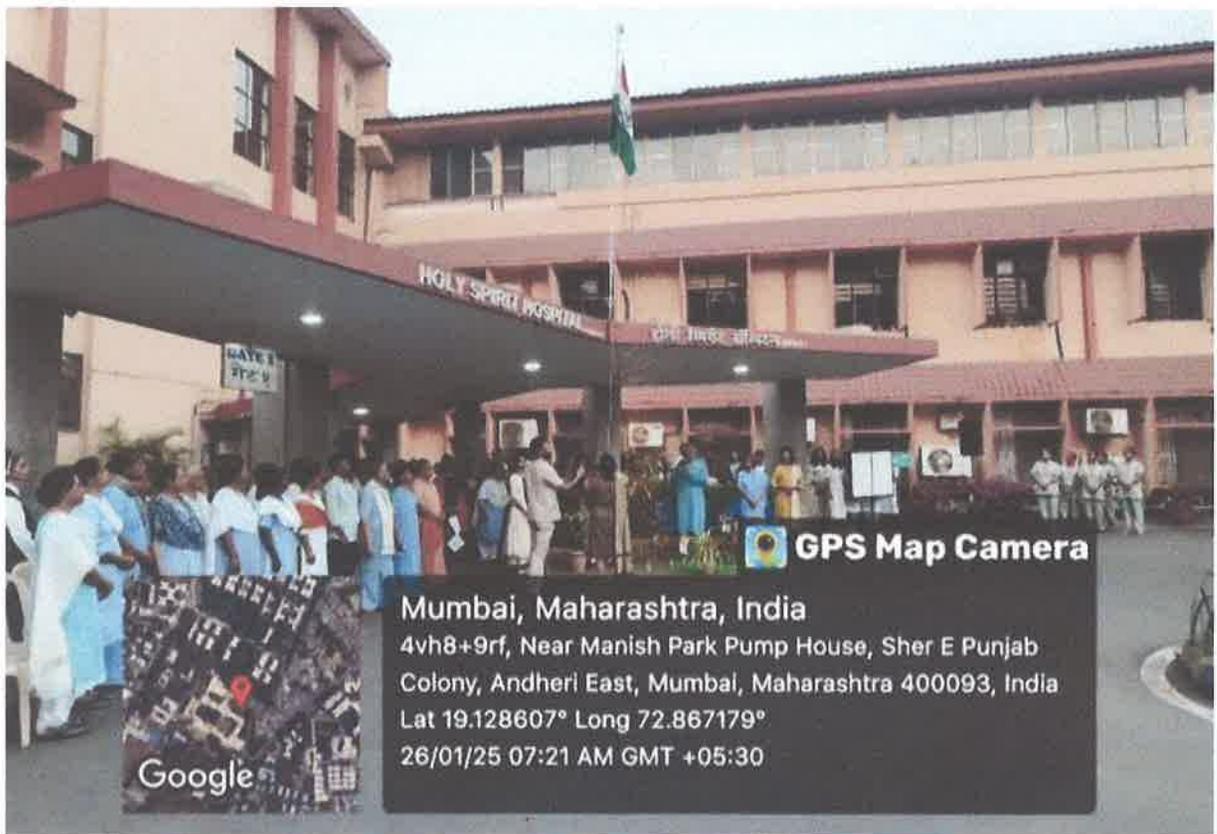
4. OUTCOMES

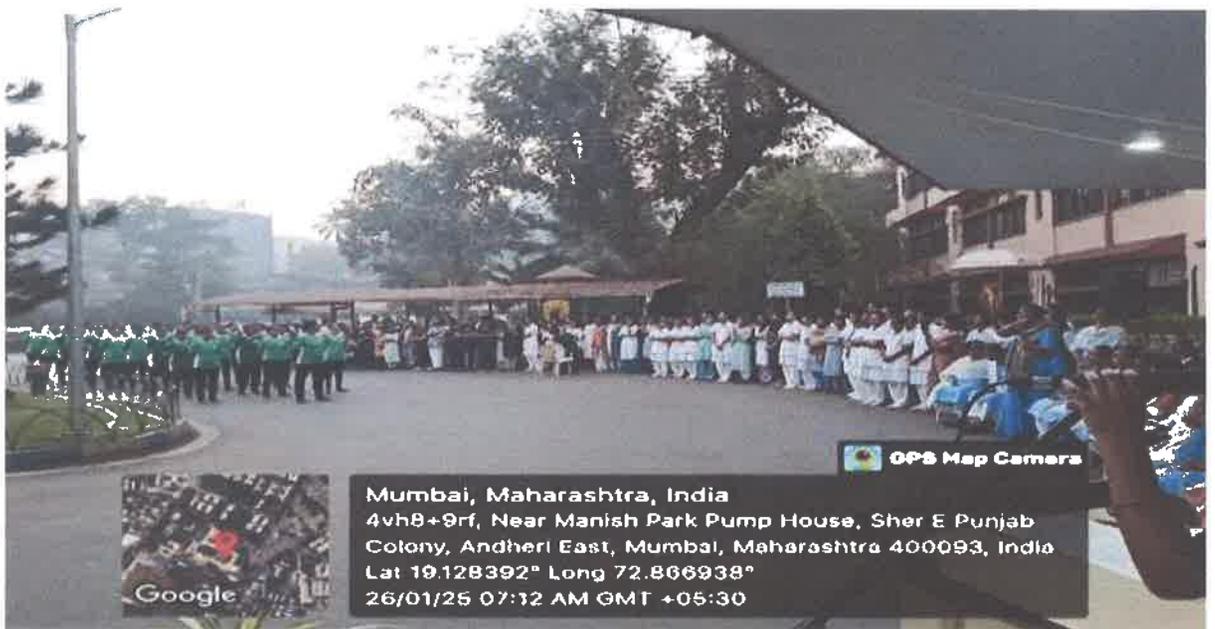
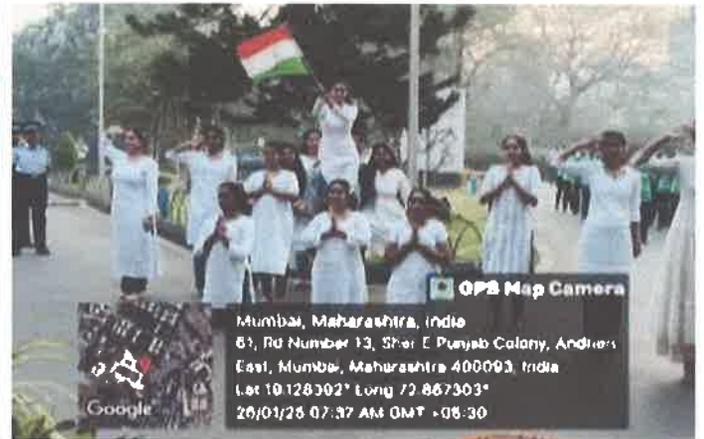
- Emphasized the spirit of unity, patriotism, and cultural diversity.
- Enjoyed the event with variety of song, dance and march past
- Presentations of their talents and honour to the country

5. SUMMARY

The Republic Day Celebration at Holy Spirit Institute of Nursing Education was a memorable event that instilled a sense of pride and patriotism in everyone present. The well-organized program and enthusiastic participation made the event a grand success. Feedback from the participants and audience was overwhelmingly positive, making it a day to remember.

6. ACTIVITY / EVENT PHOTOGRAPHS





Dr. Sr. Lalitha Rosali
Dr. Sr. Lalitha Rosali
Principal

Ms. Jenevia Pasanna
Ms. Jenevia Pasanna
SNA Advisor

Ms. Annvian Joji
Ms. Annvian Joji
SNA Secretary



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

ORGANIZES

EXPERT TALK ON CANCER

ON THE OCCASION OF

WORLD **CANCER DAY**
4TH FEB

Theme: "united by unity"





HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

NAME OF THE ACTIVITY / EVENT – WORLD CANCER DAY

Sr. No.	Program Summary	Details
1.	Program	<ul style="list-style-type: none">Hospital BoardExpert talk on cancer
2.	Organized by	SNA Unit
3.	Date	04-02-2025
4.	Nature of participant	Staffs & Students of HSINE
5.	Number of participants	50
6.	Faculty coordinator	Mrs. Surabhi BR

Brief Summary of The Activity/ Event

1. OBJECTIVES

- Raise awareness about Cancer, its causes, symptoms and prevention methods.
- Encourage students to adopt healthy life style, such as regular exercise, balanced diet, and avoiding tobacco and alcohol.
- Foster an environment where students feel comfortable discussing cancer and supporting those affecting by it.
- Inspire students to be supportive of those battling cancer, and to appreciate the challenges.

2. DESCRIPTION

World CANCER Day celebration at HSINE is a vital initiative aimed at raising awareness about Cancer among nursing students. This event emphasizes on gain knowledge on progress in treatment, and prevention among the students, both professional practice and personal lives.

3. ACTIVITIES CONDUCTED

1. Bulletin board:

Students had made chart board on the basis of THEME 2025: "UNITED BY UNITY". This theme embodies the spirit of collection action, solidarity, and shared humanity in the face of cancer.

2. Expert Talk On Cancer:

Ms. Jestina James and Ms. Joanne Philip personnel's, Holy Spirit Hospital, gave talk on cancer meaning, how cancer develop and its types, warning sings, diagnostics evaluation, in detail about treatment modalities, and its prevention and also about Theme: "United by Unity".

4. OUTCOMES:

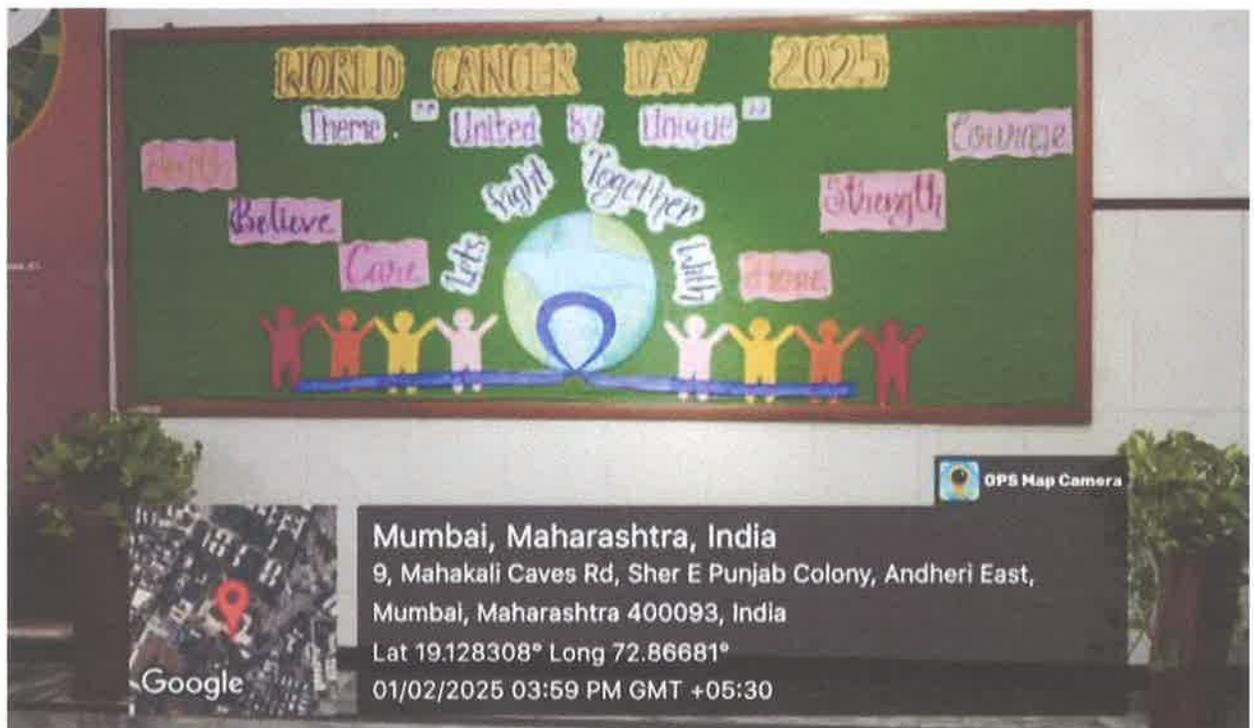
1. Increased Awareness about Cancer, students, gain a better understanding of disease prevention and the importance healthy lifestyle choices.
2. Enhanced Nursing Skills: Students develop practical competencies in conducting health screenings and educating the community on cancer, preparing them for their roles as future healthcare advocates.

5. SUMMARY:

To raise cancer awareness, HSINE celebrated World Cancer Day with a focus on the 2025 theme, "United by Unity." Nursing students created a bulletin board reflecting this theme. Experts from Holy Spirit Hospital, Ms. Jestina James and Ms. Joanne Philip, delivered talks on cancer development, types, warning signs, diagnostics, treatment, and prevention. The event successfully increased students' understanding of cancer prevention and healthy lifestyles, and it enhanced their nursing skills in health screenings and community education.

6. ACTIVITY / EVENT PHOTOGRAPHS

Bulletin board





Jenevia Pasanna
Ms. Jenevia Pasanna
SNA Advisor

Surabhi B R
Ms. Surabhi B R
Faculty Co-Ordinator

Lalitha Rosali
Dr. Sr. Lalitha Rosali
Principal

PRINCIPAL
Holy Spirit Institute of Nursing Education,
Holy Spirit Hospital,
Mahakali Caves Road, Andheri (East),
Mumbai - 400 093.



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

INTERNATIONAL WOMEN'S DAY 2025

For ALL Women and Girls:
Rights, Equality, Empowerment

Student Nurse's Association

◆ —◆ Invites you for ◆ —◆

COLLAGE MAKING COMPETITION

Empowered
Women
Empower
Women

GUIDELINES FOR COLLAGE MAKING

- Each house only **ONE** entry (2 participants).
- The collage should be **THEME** based.
- The collage should be made on a **CHART PAPER**.
- Markers, pencils, colours, pens and paper cutouts from magazines and newspapers can be used, printouts should not be used.
- Entries to be given latest by **03/03/2024**.
- Submission date: **07/03/2025, 12pm** to Ms. Jenevia Pasanna.



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

NAME OF THE EVENT: International Woman's Day

Sr. No.	Program Summary	Details
1	Program	<ul style="list-style-type: none">● Bulletin board● Honouring the women● Collage making
2	Organized by	HSINE SNA Unit
3	Venue/Date	Holy Spirit Institute of Nursing Education / 08.03.2025
4	Nature of participant	Students, Teaching and Non-Teaching staff
5	Number of participants	50
6	Student coordinator	Ms. Glory Peter
7	Faculty coordinator	Ms. Jenevia Pasanna

Brief Summary of the Activity/Event

1. OBJECTIVES

- Create awareness, inspire and empower women.
- To create opportunities for women to connect, collaborate and learn from one another
- Develop the understanding of women power in today's world.

2. DESCRIPTION

On March 8th, 2025, Holy Spirit Institute of Nursing Education celebrated International Women's Day with great enthusiasm among students and faculty. The event commenced with a message underscoring the importance of Women's Day, accompanied by a prayer for the health and happiness of all women within the institute.

Our esteemed Principal, Dr. Sr. Lalitha Rosali, addressed on women empowerment, encouraging everyone to ignite their inner strength and passion. Additionally, the SNA Unit, representing all students, gifted a handmade card to our respected Principal, Dr. Sr. Lalitha Rosali. A special highlight of the celebration was a tribute to the "Women of the Institute," during which students presented thoughtful tokens of appreciation to all female teaching and non-teaching staff members.

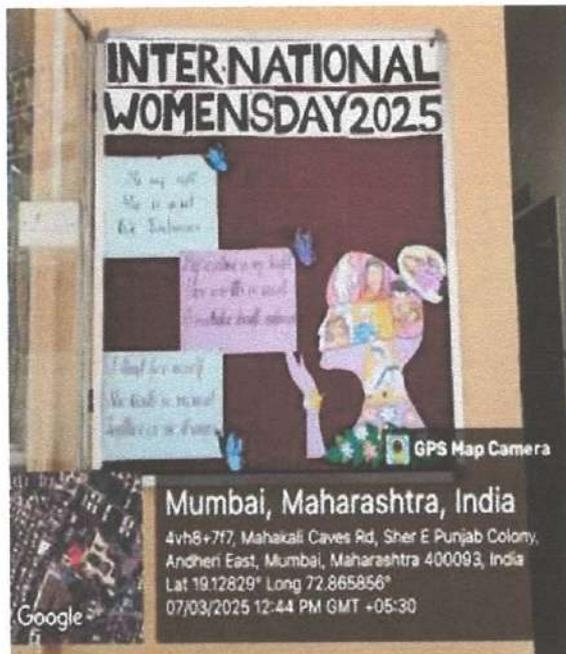
The festivities also featured a house-wise creative collage-making competition based on the theme "For all women and girls: Rights, Equality and Empowerment." Students took part enthusiastically, demonstrating their creativity and insightful appreciation of women's roles through striking poster displays on the bulletin board.

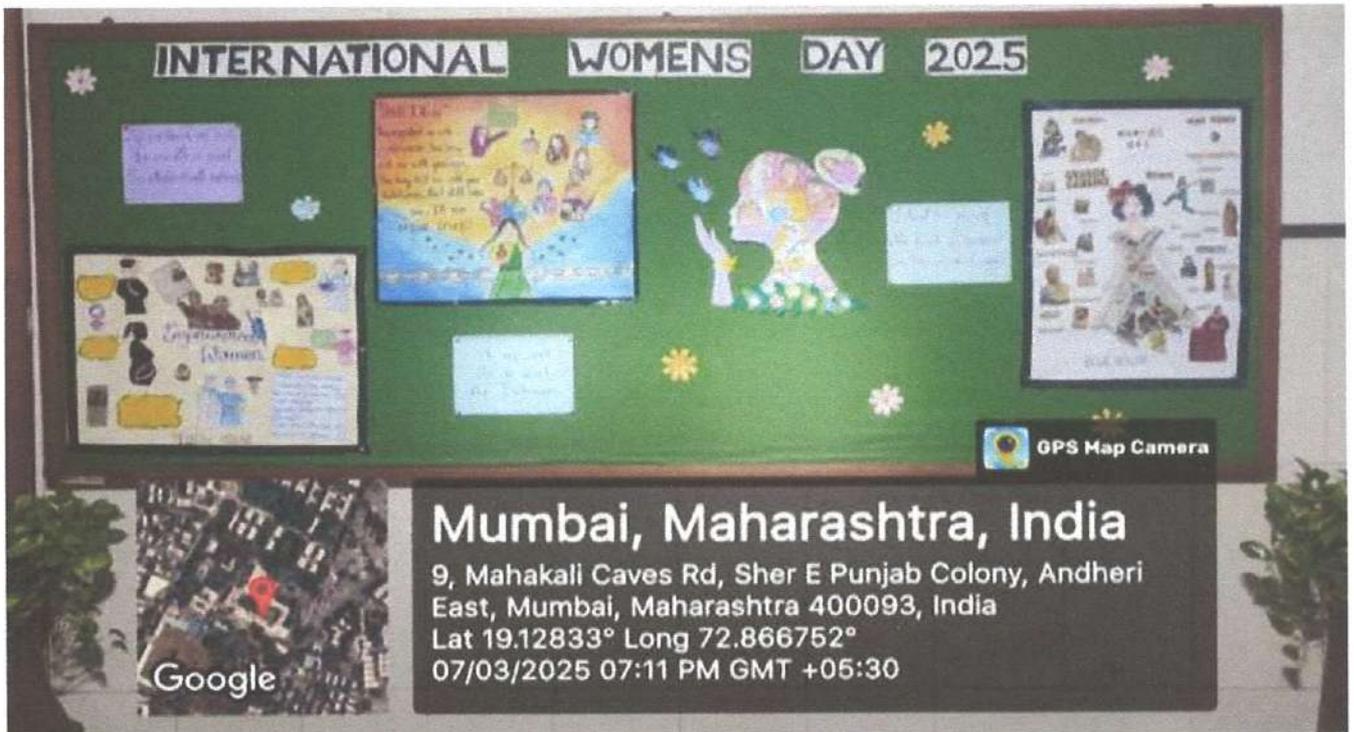
3. OUTCOMES

- Fostered a sense of unity.
- Students and faculty gained deeper insight into the significance of women's day and vital role in healthcare and society.

4. SUMMARY

The Holy Spirit Institute of Nursing Education celebrated International Women's Day with the theme "For all women and girls: Rights, Equality and Empowerment". The event began with a prayer service and an inspiring speech by Principal Dr. Sr. Lalitha Rosali on women empowerment. Students honoured all female staff with handmade tokens of appreciation, and the SNA Unit presented a special card to the Principal. A collage-making competition showcased students' creativity and understanding of women's roles in society. The celebration fostered unity and deepened awareness of women's significance in healthcare and the broader community.





WIA
Ms. Annvian
 SNA Secretary

Jenevia
Ms. Jenevia Pasanna
 SNA Coordinator

Dr. Sr. Lalitha
Dr. Sr. Lalitha Rosali
 SNA President

PRINCIPAL
 Holy Spirit Institute of Nursing Education,
 Holy Spirit Hospital,
 Mahakali Caves Road, Andheri (East),
 Mumbai - 400 093.



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

Student Nurse's Association

◆————◆ Invites you for ◆————◆

WORLD TUBERCULOSIS DAY 2025

E-Poster Competition

Theme:

**“Yes! We can end TB:
Commit, Invest, Deliver.”**

 **ATTENTION PLEASE!!** 

- >Participation: Each house **TWO ENTRIES.**
- >Poster should be theme based.
- >The dimensions should be as a standard **A3 size.**
- >File should be in **PDF format(Maximum 15 Mb).**
- >English/Hindi text may be used.
- >Keep text minimal; emphasize a powerful visual message.
- >Entries of participants to be given latest by **18/03/2025**
- >Submission Date: **22/03/2025**
- >Winners will receive e-certificates
- >Submission Link: <https://forms.gle/XXqoaJ1NUDnW9GYD6>

For more details contact,

➤ Ms. Asha Thomas, Co-ordinator

➤ Ms. Jenevia Pasanna, SNA Advisor



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

NAME OF THE ACTIVITY / EVENT – WORLD TUBERCULOSIS DAY

Sr. No.	Program Summary	Details
1.	Program	<ul style="list-style-type: none">• Bulletin Board• Role play on World Tuberculosis Day theme
2.	Organized by	SNA Unit
3.	Date	24-03-2025
4.	Nature of participant	OPD Patients
5.	Number of participants	80
6.	Student Co-Ordinator	Ms. Sherin Anthony
7.	Faculty Co-Ordinator	Mrs. Asha Thomas

Brief Summary of The Activity/ Event

1. OBJECTIVES

- To educate patients and the public on tuberculosis, its causes, symptoms, and treatment.
- To spread awareness about TB transmission and how to prevent it.
- To emphasize the importance of early diagnosis and completing the full course of medication.
- To promote active participation of healthcare workers in TB control programs.

2. DESCRIPTION

World Tuberculosis (TB) Day is observed on March 24th each year to raise awareness about TB prevention, diagnosis, and treatment. To mark this occasion, the 4th semester BSc Nursing students conducted a role play and board-making activity in the Medical Outpatient Department (OPD) of Holy Spirit Hospital. The aim was to educate patients, caregivers, and healthcare staff about TB and encourage its prevention and early treatment.

3. ACTIVITIES CONDUCTED

1. Bulletin board:

An informative awareness board was placed in the entrance of Holy Spirit Hospital to educate visitors. The board was designed with visual illustrations, key facts, and simple language to ensure accessibility for all patients, including those with limited literacy.

2. Role Play

The nursing students performed an interactive role play in the Medical OPD to create awareness about tuberculosis among patients and hospital visitors.

Key Highlights of the Role Play:

- Story of a TB patient – showing how a person gets infected, experiences symptoms, and seeks medical help.
- Common symptoms – such as a persistent cough for more than two weeks, weight loss, fever, night sweats, and loss of appetite.
- How TB spreads – through airborne droplets when an infected person coughs or sneezes.
- The importance of early detection and completing the full treatment course to avoid drug-resistant TB.
- Role of healthcare workers in implementing the Directly Observed Treatment, Short-course (DOTS) strategy.

4. OUTCOMES:

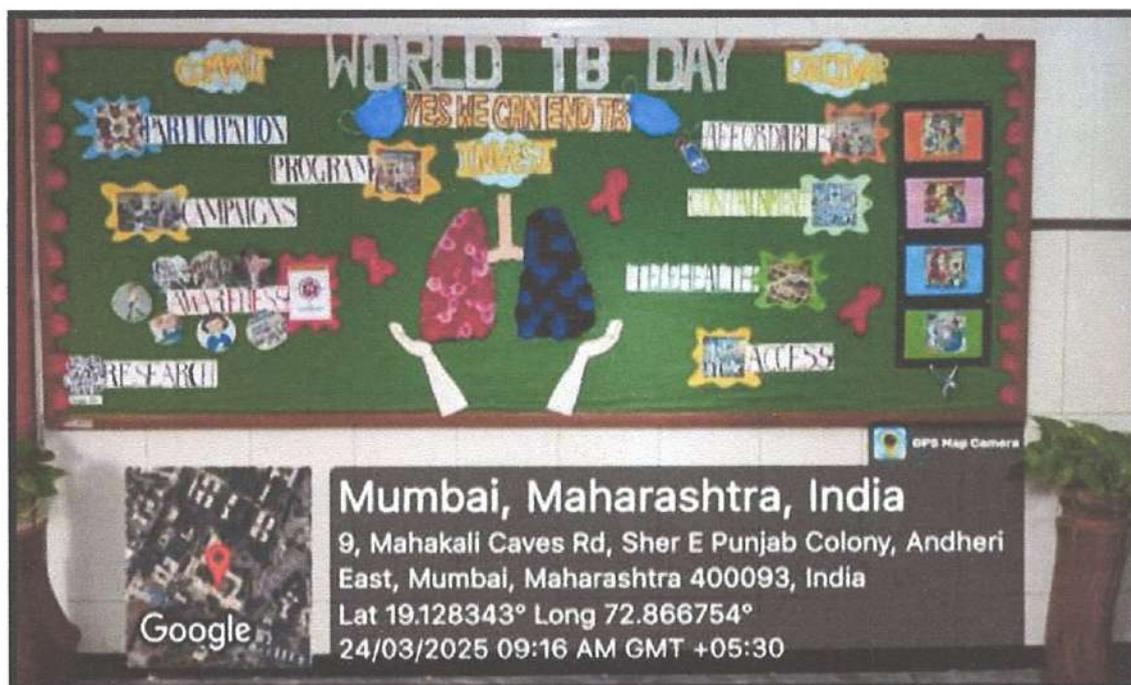
1. Increased Awareness about tuberculosis, patients gain a better understanding of disease prevention and the importance healthy lifestyle choices.
2. Enhanced Nursing Skills: Students develop practical competencies in conducting health screenings and educating the community on tuberculosis, preparing them for their roles as future healthcare

5. SUMMARY:

The role plays and board-making activity successfully delivered an impactful message on tuberculosis prevention and treatment. The Medical OPD was an ideal location, allowing direct engagement with patients and caregivers. Such initiatives empower nursing students to contribute actively to public health awareness and disease prevention.

6. ACTIVITY / EVENT PHOTOGRAPHS

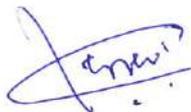
Bulletin board

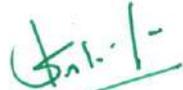


Role Play




Ms. Asha Thomas
Faculty Co-Ordinator


Ms. Jenevia Pasanna
SNA Advisor


Dr. Sr. Lalitha Rosali
Principal

PRINCIPAL
Holy Spirit Institute of Nursing Education,
Holy Spirit Hospital,
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Mumbai - 400 093.



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

Name of the Event: Graduation ceremony- Batch 2020-2024

Sr. No.	Program Summary	Details
1	Program	Certificate distribution and oath-taking ceremony
2	Organized by	HSINE Student council
3	Venue/Date	Janssen Auditorium/ 29/03/2025
4	Nature of participant	Graduates, Parents, Staff, Faculty, students of HSINE.
5	Number of participants	540
7	Student coordinator	Ms. Nicole Anthony, 6 th semester BSc (N)
8	Faculty coordinator	Ms. Jenevia Pasanna, Nursing tutor

Brief summary of the event:

1. OBJECTIVES: -

- Celebrate Academic Achievements
- Acknowledge Faculty and Staff Contributions
- Inspire Graduates for Future Endeavours
- Promote School and Institutional Pride
- Provide a Platform for Talent Showcase
- Create Memorable Experiences for Graduates and Families
- Encourage Reflection and Gratitude
- Mark the Transition to New Beginnings

2. DESCRIPTION

The Holy Spirit Institute of Nursing Education recently held its grand graduation ceremony, celebrating a proud milestone for its 20th batch of Basic B.Sc. Nursing (28 graduates), 8th batch of P.B.B.Sc. Nursing (8 graduates), and 24th batch of GNM (27 graduates). The event began with a formal Academic Procession and an inspiring invocation song performed by Ms. Christina and her group. The traditional Lighting of the Lamp followed, symbolizing the quest for knowledge and seeking divine blessings.

Dr. Sr. Lalitha Rosali, Principal of HSINE, extended a warm welcome to all attendees. This was followed by encouraging speeches from Dr. Suzan Sodder, Medical Director, and Sr. Lissy Devassy, Executive Director of Holy Spirit Hospital. Graduates were then honored during the Presentation of Certificates. The ceremony reached a poignant moment as the graduates recited their oath, led by Sr. Felcy Chacko, pledging to uphold the values instilled in them and to serve society with compassion and integrity.

The Chief Guest, Dr. Nilima Sonawane, ADHS Nursing, Public Health Department, Government of Maharashtra, delivered a stirring and motivational address. The program also included the distribution of awards and certificates, a touching Graduate Response by Ms. Nikita Sinha from the P.B.B.Sc. batch, and lively cultural performances by students. Ms. Anu Abraham expressed gratitude with the vote of thanks, and the event concluded with the National Anthem. The celebration ended on a joyful note with a group photo session, capturing the memories of this significant and joyous occasion.

3. OUTCOMNE

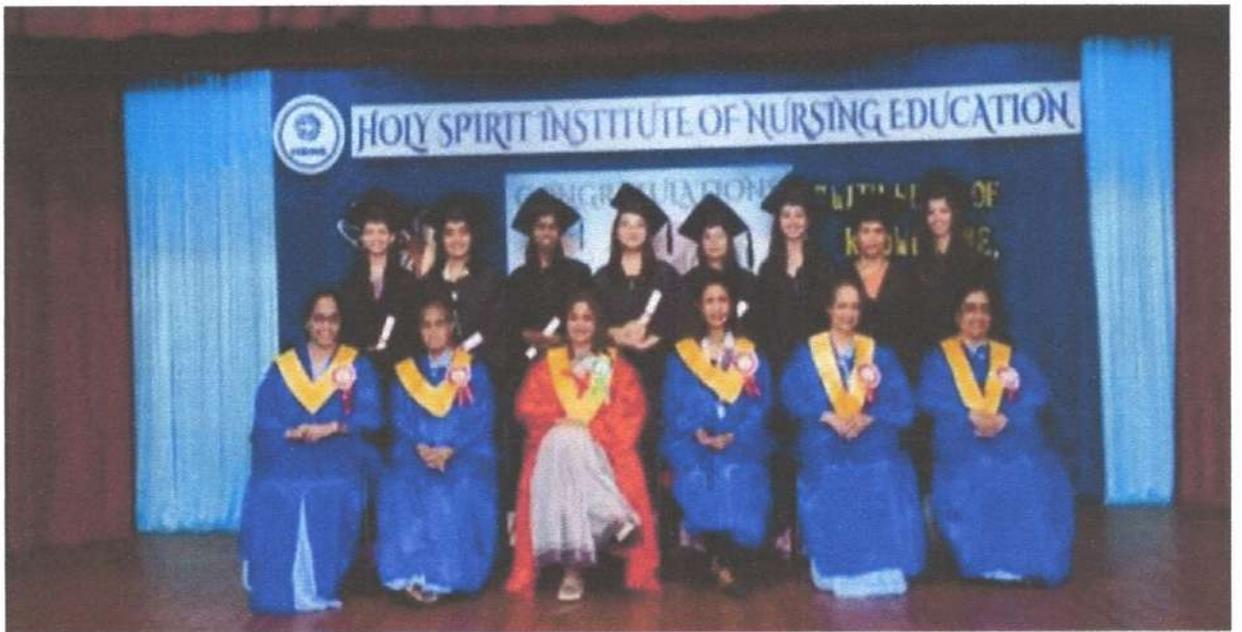
- Graduates were officially recognized.
- Students took their professional oath.
- The event motivated future healthcare professionals.
- Institutional pride was strengthened.
- Achievements were celebrated with joy.
- Families and guests felt included.
- Graduates had a chance to connect and network.
- The institute's image was positively showcased.

4. SUMMARY

The Holy Spirit Institute of Nursing Education celebrated the graduation of 28 Basic B.Sc. Nursing, 8 P.B.B.Sc. Nursing, and 27 GNM students. The ceremony began with a formal academic procession, followed by an invocation song and the symbolic lighting of the lamp. Speeches delivered by institutional leaders and the chief guest inspired and motivated the graduates. Highlights included the presentation of certificates, the professional oath taking, award distribution, and a heartfelt graduate response. The event also featured cultural performances, a vote of thanks, the national anthem, and a group photo session. The celebration concluded with refreshments for all attendees.

5. PHOTOGRAPHS:







Annvian Joji

Ms. Annvian Joji
SNA Secretary

Jenevia Pasanna

Ms. Jenevia Pasanna
SNA Advisor

Lalitha Rosali

Dr. Sr. Lalitha Rosali
Principal

PRINCIPAL
Holy Spirit Institute of Nursing Education,
Holy Spirit Hospital,
Mahakali Caves Road, Andheri (East),
Mumbai - 400 093.



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

CELEBRATES

WORLD HEALTH DAY

7TH APRIL 2025

*Healthy Beginnings
Hopeful Futures !*

**Creating awareness on the maternal
and newborn health challenges and
it's significant initiatives.**





Name of the Event: World Health Day

Sr. No.	Program Summary	Details
1	Program	Awareness through display on Bulletin Board
2	Organized by	HSINE Students
3	Date	07/04/2025
4	Nature of participant	Staff and Students Patients and their relatives
5	Number of participants	75
6	Student coordinator	Ms. Roselin Koshy
7	Faculty coordinator	Ms. Alveena G.

BRIEF SUMMARY OF THE EVENT:

1. OBJECTIVES:

- To raise awareness about major health issues affecting people around the world.
- To promote healthy lifestyles and preventive healthcare practices.
- To highlight global health priorities and mobilize action at international, national, and community levels.
- To educate people about their rights to access quality health services.
- To inspire students and health professionals to take active roles in community health.

2. DESCRIPTION:

On April 7th, in honor of World Health Day, HSINE marked the occasion with great enthusiasm and a strong dedication to raising global health awareness. This year's theme, "Healthy beginnings, hopeful future," guided the day's activities. To commemorate the event, HSINE students designed an informative awareness board highlighting the objectives of World Health Day. Displayed prominently in both the hospital and college, the board aimed to educate patients, visitors, and students about the day's significance. The board's engaging visuals and educational content received praise from faculty, students, and visitors alike. The celebration effectively achieved its purpose of enlightening and motivating everyone about the vital importance of health in today's world.

3. OUTCOMES:

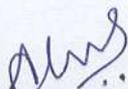
- Awareness of significant global health challenges increases.
- Individuals begin to embrace healthier living and prioritize preventive healthcare practices.
- Communities and governments act to address key global health concerns.
- People gain a better understanding of their right to receive quality healthcare services.
- Students and healthcare professionals become more involved in efforts to enhance community health.

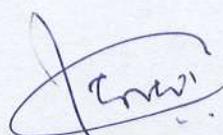
4. SUMMARY:

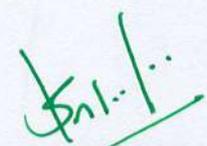
On April 7th, HSINE celebrated World Health Day with the theme "Healthy beginnings, Hopeful future". Students prepared an awareness board in our Holy Spirit hospital highlighting the objectives of the day, such as promoting health education, encouraging preventive care, and supporting equal access to healthcare. The event successfully raised awareness and engaged students in community health promotion.

5. PHOTOGRAPH:




Ms. Alveena G.
Co-ordinator


Ms. Jenevia Pasanna
SNA Advisor


Dr. Sr. Lalitha Rosali
Principal

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HOLY SPIRIT INSTITUTE OF NURSING EDUCATION
INVITES YOU FOR

— — — — —
AWARENESS SESSION ON IMMUNIZATION

24TH APRIL, 2025

On the occasion of

World
IMMUNIZATION
Week

"Immunization for All is Humanly Possible."





HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

NAME OF THE EVENT – WORLD IMUNIZATION WEEK

Sr. No.	Program Summary	Details
1.	Program	Awareness session (Health talk)
2.	Organized by	HSINE Students
3.	Venue/date	Pediatric Ward and OPD, Holy Spirit Hospital/24-04-2025
4.	Nature of participant	Patient Relatives
5.	Number of participants	60
6.	Faculty coordinator	Ms. Anu

BRIEF SUMMARY OF THE ACTIVITY/ EVENT

Objectives

1. To educate parents and caregivers about the importance of immunization in preventing childhood illnesses.
2. To promote awareness of the National Immunization Schedule and encourage timely vaccination.
3. To enhance communication skills and confidence among nursing students while interacting with patients and families.
4. To strengthen the role of nurses as key advocates for public health and preventive care.

DESCRIPTION

Awareness session Immunizations:

As part of Immunization Week celebrations, nursing students from our college undertook a community health initiative by visiting the pediatric ward and outpatient departments (OPDs). Their objective was to educate parents and caregivers about the importance of immunization, its role in preventing life-threatening diseases, and the need to follow the National Immunization Schedule. The students used posters, charts, and verbal communication to effectively convey their message. This activity not only helped spread awareness among the public but also provided the students with valuable practical experience in health education and patient interaction. It reinforced their role as future nursing professionals committed to promoting preventive healthcare and community well-being.

OUTCOMES:

1. **Increased Awareness:** Parents and caregivers gained better understanding of the importance of timely immunization and the benefits of vaccines in preventing childhood diseases.
2. **Skill Development:** Nursing students enhanced their communication and health education skills through direct interaction with patients and families.
3. **Professional Growth:** The activity strengthened students' confidence and sense of responsibility as future nurses advocating for public health and preventive care.
4. **Community Engagement:** The initiative fostered positive connections between the nursing college and the healthcare community, supporting ongoing health promotion efforts

Summary

The Immunization Week activity successfully raised awareness among parents and caregivers about the importance of vaccines. Nursing students improved their communication and health education skills while gaining practical experience. The initiative also reinforced the students' role as health advocates and strengthened community ties through active engagement in promoting preventive healthcare.

EVENT PHOTOGRAPHS





Ms. Anu Abraham
Faculty Co-ordinator

Ms. Jenevia Pasanna
SNA Advisor

Dr. Sr. Lalitha Rosali
Principal

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HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

ORGANIZES

SESSION ON

WORLD DAY FOR SAFETY AND HEALTH AT WORK

29-04-2025

Venue. : Multipurpose hall

Time : 1pm - 2pm

Target group : Engineering department

Kitchen department

Laundry department





HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

NAME OF THE ACTIVITY / EVENT –

WORLD DAY FOR SAFETY AND HEALTH AT WORK

Sr. No.	Program Summary	Details
1.	Program	Session of safety at work place & Hospital Board
2.	Date	29-04-2025
3.	Nature of participant	HSH class staff ❖ Engineering Dept. ❖ Kitchen Dept. ❖ Laundry Dept.
4.	Faculty Organizer	Mrs. Jenevia Mrs. Surabhi

BRIEF SUMMARY OF THE ACTIVITY/ EVENT

Objectives:

- To raise global awareness about the impact of climate change on occupational safety and health.
- To promote the integration of occupational safety and health (OSH) considerations into climate adaptation and mitigation policies.
- To foster a preventive safety and health culture in workplaces worldwide.
- To encourage the sharing and adoption of best practices and innovative solutions.

DESCRIPTION

World Day for safety and health, celebration at HSINE is a vital initiative aimed at raising awareness about safety and health at work among class IV worker of Holy Spirit hospital. This event emphasizes on gain knowledge on risk factors, safety measures, employer responsibilities and how new technologies are reshaping workplace among the workers.

The activities are:

HEALTH SESSION:

Mrs. Surabhi, HSINE, gave talk on world day for safety and health at work, about the importance, risk at work places, preventive measures, and employer responsibility.

And also about the **theme of 2025: “Revolutionizing health and safety; the role of AI and digitalization at work”**. Application of AI and digitalization in all departments, advantages, disadvantages and role of worker handling with these.

After the session role play was conducted by Students, with in detailed explained about most of injury/ accident occurs in kitchen, laundry, and Engineering department. At the end conducted games for workers and by providing refreshment session was terminated.

OUTCOMES:

1. Increased Awareness of AI and digitalization application on work place.
2. Enhanced Skills: towards recognition of risk at work, prevention, emergency management and responsibilities of workers.

SUMMARY:

World Day for health and safety at work with the theme 2025; “ Revolutionizing health and safety; the role of AI and digitalization at work”, behalf of this event session was taken with role play represents in detailed knowledge about the topic, helps the workers to revise and enhance their knowledge





Ms. Surabhi BR
 Ms. Surabhi BR
 Faculty co-ordinator

Ms. Jenevia
 Ms. Jenevia
 SNA Advisor

Dr. Sr. Lalitha Rosali
 Dr. Sr. Lalitha Rosali
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**HOLY SPIRIT INSTITUTE OF
NURSING EDUCATION**

HOLY SPIRIT HOSPITAL
NAAC 'B++' GRADE

NURSES WEEK CELEBRATION



PROGRAM PLANNED:

- Poster competition
- Nurses day conference
- Cultural program

VENUE: HSINE & JANESSEN AUDITORIUM

DATE : 03/05/25 - 09/05/25



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

Name of the activity /Event: NURSES WEEK CELEBRATION

Sr. No.	Program Summary	Details
1	Program	Poster Competition Nurses Day Conference Cultural Program
2	Organized by	HSINE SNA Unit
3	Venue/Date	HSINE & Janseen Auditorium 03-05-2025 to 09-05-2025
4	Nature of participant	HSINE Students & HSH Staff
5	Number of participants	300
6	Faculty coordinator	Ms. Anu Abraham
7	Judge	Mrs. Sundari & Mrs. Pushpa

Brief Summary of the Activity/Event

1.OBJECTIVES

- Raise Awareness and Educate
- Recognize and Celebrate Nurses' Contributions
- Promote Professional Development
- Advocate for Nurses' Well-Being and Support
- Foster Unity and Team Spirit
- Inspire Future Generations

2. DESCRIPTION

The Nurses Day celebration was conducted with great enthusiasm and respect, bringing together nursing professionals and students to recognize the vital contributions of nurses in healthcare. The theme for this year, **“Our Nurses. Our Future: Caring for Nurses Strengthens Economies”**, highlighted the essential role nurses play not only in patient care but also in shaping resilient and effective healthcare systems.

Activities Conducted:

i. Poster Making Competition

The Poster competition held on 3rd May,2025 saw vibrant participation from nursing students, who used art to explore concepts such as empowerment, global health, economic stability, and the indispensable role of nurses. Each poster was a testament to the creativity and awareness of our nursing community, with judges evaluating based on originality, relevance to the theme, and visual impact. The competition not only encouraged artistic expression but also deepened engagement with the theme among attendees.

ii. Nurses Day Conference

The highlight of the celebration was the **Nurses Day Conference**, held on 7th May 2025 a platform for knowledge sharing, reflection, and inspiration. The conference featured three insightful sessions:

A. Culture of Safety and Respect

Ms. Anu Abraham, Nursing Tutor addressed the importance of fostering a culture that prioritizes safety and respect in the healthcare environment. Her session was a powerful reminder of the need to build supportive, non-toxic workplaces where nurses feel valued and secure.

B. Mental Hygiene

Ms. Tania Sabu, Nursing Tutor spoke on the often-overlooked topic of mental hygiene for healthcare professionals. Her session delved into the daily mental health challenges nurses face, including stress, emotional fatigue, and burnout. She provided practical strategies for maintaining emotional well-being, encouraging self-care, peer support, and mindfulness. The talk resonated deeply with the audience, reinforcing that caring for others starts with caring for oneself.

C. Proactive Nurse

Ms. Ninoushka Dsouza, B.Sc. (N) student session focused on the evolving role of the nurse as a proactive and empowered healthcare provider. She spoke about the importance of initiative, leadership, and critical thinking in nursing practice. Her inspiring message urged nurses to go beyond reactive care and to take active roles in decision-making, patient advocacy, and continuous learning.

iii. Cultural Program:

During the cultural program held on 9th May 2025, students displayed their talents by performing the Bihu dance, a lively and traditional folk dance from Assam. This dance is marked by lively footwork, swift hand gestures, and dynamic movements, all of which capture the spirit of joy and excitement.

3. PROGRAM OUTCOMES:

- Enhanced Awareness of the Nursing Profession's Role in Economic and Social Development
- Encouragement of Creative Expression and Theme Interpretation
- Professional Growth through Expert Sessions

4. SUMMARY

The Nurses Day Celebration was held with the theme "Our Nurses. Our Future: Caring for Nurses Strengthens Economies." The event included a Poster Making Competition showcasing creative interpretations of the theme, followed by a conference featuring three insightful sessions. A special highlight was the unveiling of the new logo – HOLYCON 2025. The celebration recognized the vital role of nurses and inspired all participants with messages of respect, well-being, and leadership and last the cultural program added a celebratory touch, fostering unity, team spirit, and recognition of the diverse talents within the nursing community..

5. EVENT PHOTOGRAPHS





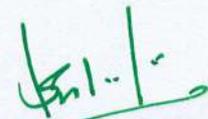
Mumbai, Maharashtra, India

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 Andheri East, Mumbai, Maharashtra 400093, India
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The Nurses Day celebration was conducted with great enthusiasm and respect bringing together various professionals and students to recognize the vital contributions of nurses in healthcare. The theme for this year, "Our Nurses, Our Future: Caring for Nurses Strengthens Communities", highlighted the essential role nurses play not only in patient care but also in shaping resilient and effective healthcare systems.


Ms. Anu Abraham
 Faculty Co-Ordinator


Ms. Jenevia Pasanna
 SNA Advisor


Dr. Sr. Lalitha Rosali
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HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

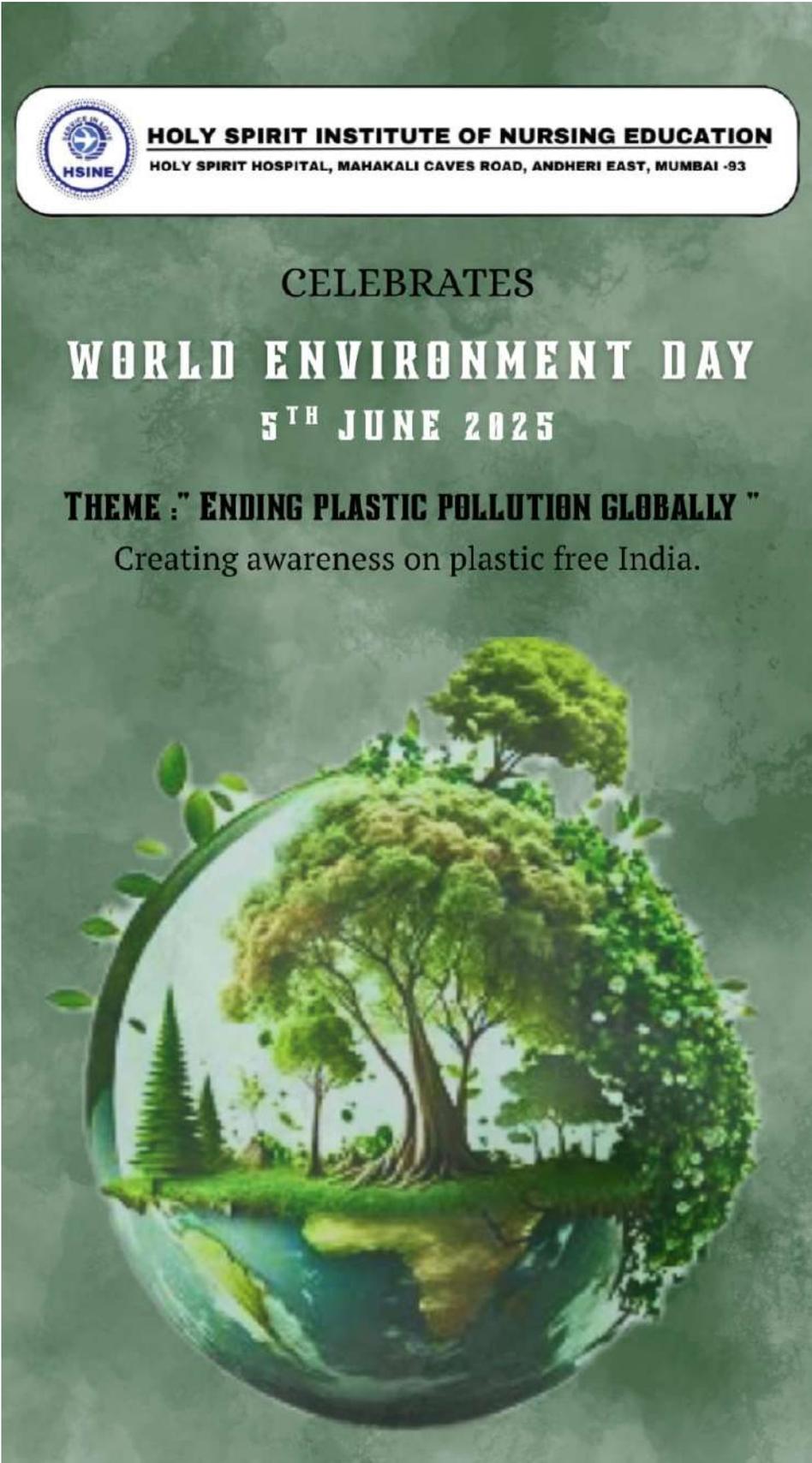
CELEBRATES

WORLD ENVIRONMENT DAY

5TH JUNE 2025

THEME : " ENDING PLASTIC POLLUTION GLOBALLY "

Creating awareness on plastic free India.





HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

Name of the activity /Event: World Environment Day

Sr. No.	Program Summary	Details
1	Program	Bulletin Board
2	Venue/Date	HSH/05-06-2025
3	Organized by	HSINE Students
4	Nature of participants	Staffs, students, patients and relatives
5	Number of participants	30
6	Student co-ordinator	Ms. Anushka & Ms. Praisya
7	Faculty co-ordinator	Ms. Vijitha Karunya

Brief Summary of the Activity/Event

1. OBJECTIVES

- To observe and reflect on how our daily choices impact the planet and commit to positive change for a cleaner, greener future.
- To raise awareness among students, staff, and the community about the harmful effects of plastic pollution on the environment and human health.
- To celebrate World Environment Day with meaningful, fun, and engaging activities that reinforce the message: "Beat Plastic Pollution."

2. DESCRIPTION

World Environment Day, celebrated on June 5th, serves as a powerful reminder of our responsibility to protect and preserve the planet. This year's theme, "End Plastic Pollution," emphasizes the urgent need to tackle the growing crisis of plastic waste that is polluting our oceans, harming wildlife, and threatening human health. The event aims to raise awareness about the detrimental impact of single-use plastics and promote sustainable alternatives. The motive was to encourage the audience to reduce, reuse, and recycle plastic products. The day also fosters a sense of environmental responsibility, inspiring individuals and communities to adopt eco-friendly habits and contribute to building a cleaner, healthier, and more sustainable future for all.

Activities Conducted:

1. Bulletin Board :

The hospital board was thoughtfully prepared by the students, highlighting the theme **"Ending Plastic Pollution Globally."** The display beautifully conveyed the importance of the theme, featuring creative elements and a powerful quote: *"Restore ecosystems to recover life."* As part of an engaging activity, audience members were invited to reflect and write their thoughts on sticky notes in response to the questions: **"What can we do?"** and **"What efforts have we taken to save our planet?"** These heartfelt responses were then added to the board, making it an interactive and inspiring exhibit.

PROGRAM OUTCOMES:

- Enhanced awareness about the global issue of plastic pollution.
- Encouraged students to advocate for sustainable and eco-friendly practices.
- Engaged the audience through interactive participation and reflective activities.
- Fostered a sense of environmental responsibility and collective action.

SUMMARY

The students created an informative and visually appealing hospital board centered on the theme **"Ending Plastic Pollution Globally."** It featured a meaningful quote — ***"Restore ecosystems to recover life"*** — and included an interactive activity where the audience shared their thoughts on how to protect the planet. The program successfully raised environmental awareness, encouraged sustainable practices, and inspired both students and viewers to take personal and collective action for a healthier planet.

2. EVENT PHOTOGRAPH



Ms. Vijitha Karunya
Faculty Co-ordinator

Ms. Jenevia Pasanna
SNA Advisor

Dr. Sr. Lalitha Rosali
Principal



HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

NAAC ACCREDITED 'B++' GRADE

INVITES YOU FOR

11th INTERNATIONAL YOGA DAY

21st JUNE 2025

BREATHE AND BALANCE WORKSHOP



OET ROOM



8:30AM

'YOGA FOR ONE EARTH
ONE HEALTH'





HOLY SPIRIT INSTITUTE OF NURSING EDUCATION

HOLY SPIRIT HOSPITAL, MAHAKALI CAVES ROAD, ANDHERI EAST, MUMBAI -93

NAAC ACCREDITED 'B++' GRADE

Name of the Event: INTERNATIONAL YOGA DAY

Sr.No.	Program Summary	Details
1	Program	Breathe and Balance Workshop
2	Organized by	SNA Unit
3	Date/ Venue	21/06/2025 / OET ROOM
4	Nature of participant	Staff & Students of HSINE
5	Number of participants	80
6	Student coordinator	Ms. Neha Singh
7	Faculty coordinator	Ms. Jenevia F. Pasanna

BRIEF SUMMARY OF THE EVENT:

1. OBJECTIVES:

- To spread awareness about the role of yoga in enhancing everyday life.
- To motivate students to incorporate yoga into their routine for better physical and mental health.
- To practice and understand different yoga asana that help in improving overall well-being and managing stress.
- To foster active participation and team spirit through engaging, yoga-inspired activities

2. DESCRIPTION:

On 21st June 2025, in observance of International Yoga Day, a special yoga session was organized in our college to emphasize the importance of incorporating yoga into daily life. The event was conducted in two batches, to ensure better participation and personalized attention.

The session commenced with a prayer to establish a serene and focused environment. This was followed by an insightful address by Sr. Vijitha Pais, Yoga Trainer who spoke on the value of regular yoga practice for maintaining physical and mental wellness.

Participants were then introduced to the concept of yoga and its various forms. A number of yoga asana were demonstrated and explained in detail, including Tadasana, Vrikshasana, Bhujangasana, Trikonasana, Simhasana, Pranayama, Sukhasana, and Shavasana, among others. Each posture was presented along with its respective health benefits, and staff & students eagerly took part in performing the asana under proper supervision.

To make the session more interactive and enjoyable, a yoga-themed game activity was organized at the end. Participants were grouped and engaged in fun, yoga-based challenges. The event concluded with a prize distribution ceremony, where the winning teams were awarded gifts as a gesture of appreciation and motivation.

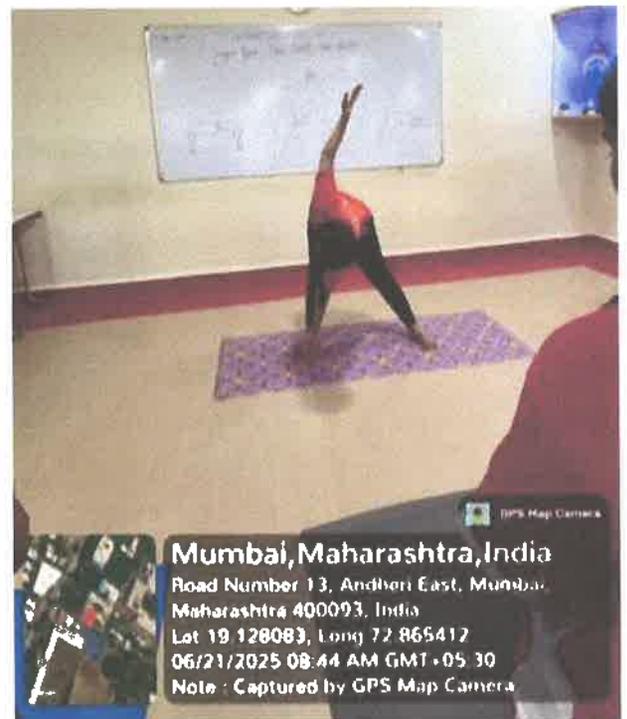
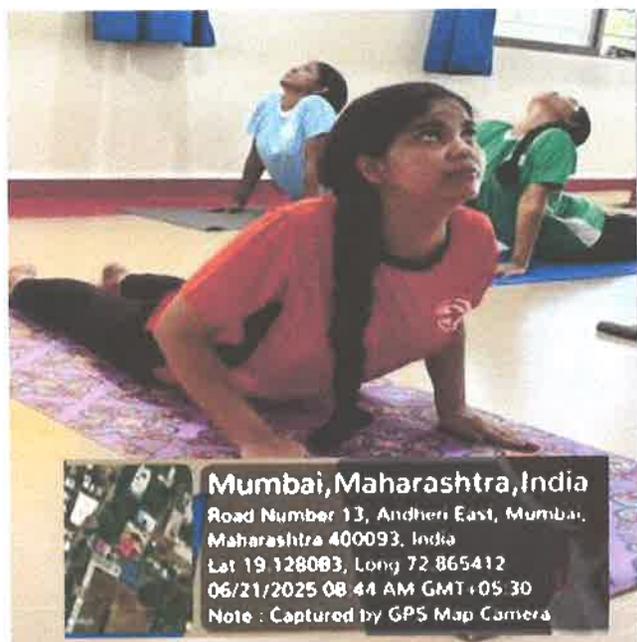
3. OUTCOMES:

- Participants developed a deeper understanding of how yoga contributes to enhancing daily life and overall well-being.
- Participants felt inspired to incorporate yoga into their regular routines to improve both physical health and mental clarity
- Learners gained practical knowledge of various yoga postures, along with their correct techniques and health benefits.
- The engaging yoga-based activities encouraged collaboration, enthusiasm, and a sense of unity among everyone.

4. SUMMARY:

To mark International Yoga Day, the college organized a dedicated yoga workshop on June 21, 2025, to raise awareness about the importance of yoga in daily life. The session was divided into two groups. It started with a prayer and an inspiring address by Sr. Vijitha Pais, a yoga instructor, who spoke about the advantages of consistent yoga practice participants were taught the fundamentals of yoga and practiced several asanas including Tad asana, Vrikshasana, Bhujangasana, Trikonasana, Simhasana, Pranayama, Sukhasana, and Shavasana. Each posture was shown and its health benefits explained, with active participation from students under expert supervision. A yoga-themed game was also included for enjoyment, featuring team competitions. The event wrapped up with a prize-giving ceremony to honor the winners and motivate all participants.

5. PHOTOGRAPHS:



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Maharashtra 400093, India
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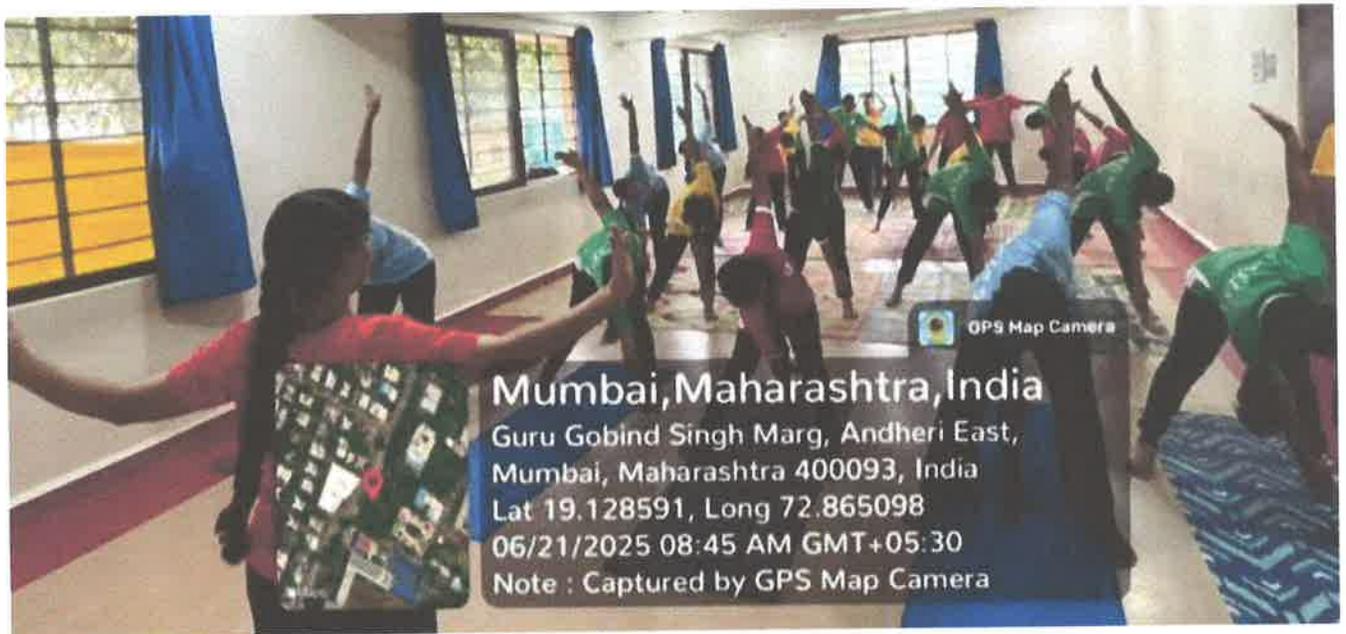
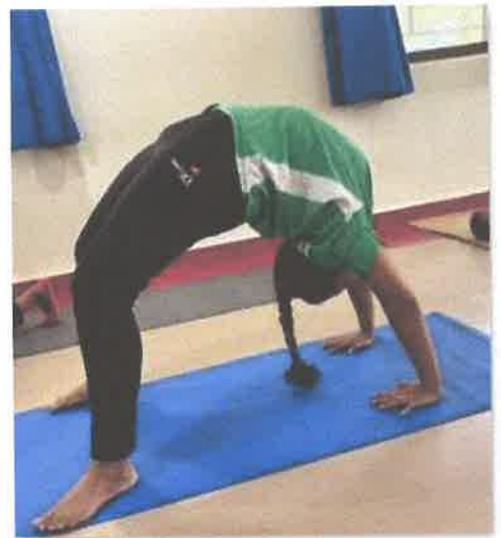


Mumbai, Maharashtra, India

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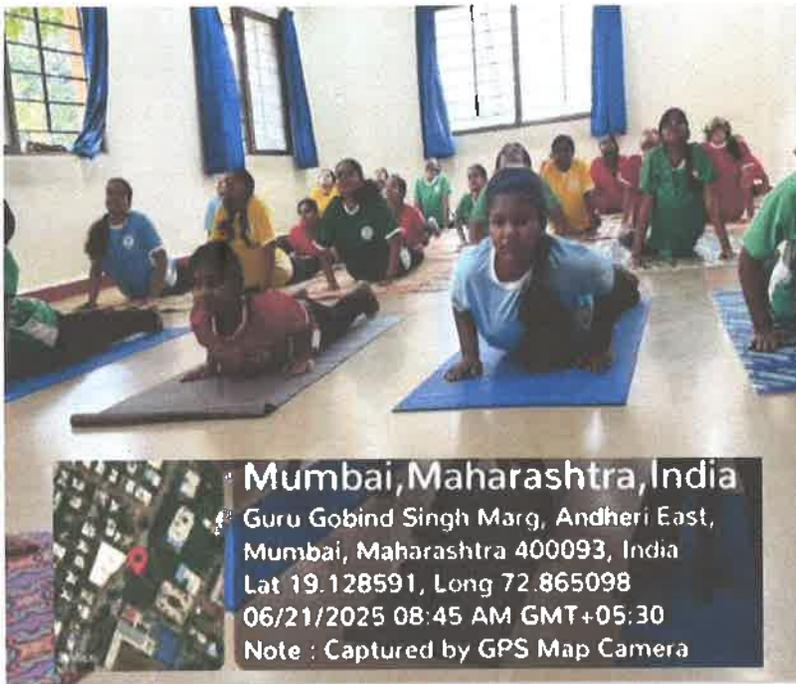


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GPS Map Camera





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[Handwritten Signature]

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 Mahakali Caves Road, Andheri (East),
 Mumbai - 400 093.

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Ms. Annvian Joji
 SNA Secretary

[Handwritten Signature]

Ms. Jenevia Pasanna
 SNA Advisor

[Handwritten Signature]

Dr. Sr. Lalitha Rosali
 Principal